

Carlisle Outdoor Track 2014 Season Page 4 Field Events Apr-May 2014		2014 Meets Canceled			Norwalk Apr 14th			Saydel Apr 29			PCM May 1			Bondurant May 8		Class 3A 2014 Best Season Marks
		(1) Mar 29 Simpson Distance	(2) Apr 8 ADM-Adel Distance	(3) Apr 10 Indianola Distance	(4) Apr 15 Chariton Distance	(5) Apr 22 Ballard Distance	(6) Apr 25 Winterset Distance	(7) May 2 DC-G Distance	(8) May 6 Chariton Distance	(9) May 10 RRC Adel Distance	May 15 Dist. DC-G Distance	State Meet	Individual Events Personal Bests Including what Meet of Time or Distance			
Shot Put	Meet 1st Place >	47.04.50	47-11.50	49-05.00	47-08.00	44-11.00	41-11.00	49-01.00	42-05.00	49-00.50	51-1.75	60-00.75				
Carlisle Record	Luke Oja (11th)	40-05.50 (10)	SICK	40-00.00 (3)	40-10.50 (5)	44-11.00 (1)				42-07.50 (5)	41-02.50 (5)		44-11.00 (Ballard)	60-00.75		
57' 7.0"	Tyler Danitz (11th)	36-03.50 (16)	34-06.50 (10)										36-03.50 (Simpson)			
C.Asher '68	Hunter Warren (11th)			35-04.50 (6)	35-05.50 (9)	38-03.00	34-08.50 (7)			38-03.50 dnp			38-03.50 (Conference)			
	Tucker Stull (11th)	35-03.50 (18)	32-01.50 (15)				32-00.50 (10)						35-03.50 (Simpson)			
	Anthony Hanson (10th)						33-10.50 (9)	34-08.50 (16)					34-8.50 (DC-Grimes)			
	Garett Onst0t (11th)								29-06.00 (12)				29-06.00 (Chariton)			
	Nathan Guenther (10th)		28-11.00 (19)					32-09.00 (20)	31-10.00 (10)				28-11.00 (ADM)			
															3A	
Discus	Meet 1st Place >	138.04.00	134-01.00	130-09.00	140-04.00	125-00.00	143-10.00	139-11.00	136-06.00	148-08.00	149-02.00	175-06.00	Season Best	185-03.00		
Carlisle Record	Luke Oja (11th)	106-05.50 (15)	SICK	100-06.00 (3)	87-07.00 (13)	NA				DNS	79-09.00 (12)		106.05.50 (Simpson)			
177' 11.5"	Hunter Warren (10th)			94-03.00 (5)	85-10.00 (14)	98-09.00	95-04.00 (8)	82-10.00 (20)		102-01.00 (12)			102-01.00 (Conference)			
K.Fogle '01	Craig Pote (11th)	86-06.25 (18)	87-08.00 (11)	81-09.00 (7)			80-01.00 (11)	93-06.00 (18)	91-06.00 (6)				93-06.00 (DC-Grimes)			
	Andrew Hill (10th)	78-05.50 (20)	80-08.00 (15)	89-00.00(6)			86-01.00 (10)			93-04.00 (16)			93-04.00 (Conference)			
	Noah Smith (11)								79-10.00 (10)				79-10.00 (Chariton)			
															3A	
HighJump	Meet 1st Place >	6.04.00	6-06.00	5-08.00	5-11.00	6-02.00	5-11.00	6-00.00	5-10.00	6-01.00	6-00.00	6-05.00	Season Best	6-06.00		
Carlisle Record	Josh Hagedorn (11th)	5-10.00 (3)	Golf	5-08.00(1)		NA	5-08.00 (T3)	5-08.00 (3)	5-06.00 (3)	6-00.00 (2)	5-06.00 (5)		6-00.00 (Conference)			
6' 7.50"	Henry Sanders (11th)	5-04.00 (7)	5-10.00 (4)	5-06.00(2)	5-09.00 (2)	5-04.00 DNP							5-10.00 (ADM)			
B.Betterton '91	Brian Robertson (10th)	5-02.00 (8)	5-02.00 (10)				5-02.00 (7)						5-02.00 Simpson)			
															3A	
Long Jump	Meet 1st Place >	20.10.50	19-01.75	18-05.75	19-06.50	20-05.00	19-03.50	20-07.25	19-00.25	19-05.50	20-08.00	23-04.25	Season Best	23-10.00		
Carlisle Record	Danil Pestrikov (12th)	18-02.50 (8)	19-01.25 (2)	18-05.75 (1)	18-04.00 (4)	18-05.00 DNP	18-05.00 (5)	17-08.25 (11)	19-00.25 (1)	18-08.00 (6)			19-01.25 (ADM)			
22' 9.50"	Kire Seskis (10th)								18-11.25 (2)	17-01.00 (13)	18-01.25 (5)		18-11.25 (Chariton)			
D.Taylor '06	Josh Hagedorn (11th)	18-01.00 (9)	Golf	18-01.50 (2)		18-03.50 DNP	18-06.00 (4)	17-11.25 (7)					18-06.00 (Winterset)			
	Noah Smith (11th)	17-10.00 (11)	17-01.75 (10)		16-04.00 (10)								17-10.00 (Simpson)			
	Chase Shanahan 10th						15-09.00 (13)		16-10.50 (10)				16-10.50 (Chariton)			

Carlisle Outdoor Track 2014 Season Page 5 Individual Running Events Apr-May 2014		2014 Meets Canceled			Norwalk Apr 14th			Saydel Apr 29			PCM May 1			Bondurant May 8		Class 3A 2014 Best Season Marks
		(1) Mar 29 Simpson Distance	(2) Apr 8 ADM-Adel Distance	(3) Apr 10 Indianola Distance	(4) Apr 15 Chariton Distance	(5) Apr 22 Ballard Distance	(6) Apr 25 Winterset Distance	(7) May 2 DC-G Distance	(8) May 6 Chariton Distance	(9) May 10 RRC Adel Distance	May 15 Dist. DC-G Distance	State Meet	Individual Events Personal Bests Including what Meet of Individual Time			
3200 Run	Meet 1st Place >	9:59.76	10:41.40	10:55.48	10:40.41	9:47.50	11:27.75	9:51.70	No Event	9:51.19	10:18.31	8:50.43				
Carlisle Record	J.J. Orput (9th)			11:13.13 (3)	10:52.56 (3)					11:03.68 (7)		10:55.69 (6)	11:11.56 (7)		10:52.56 (Chariton)	8:50.43
9:56.08	Chad Carter (11th)	11:03.37 (11)	11:03.67 (4)		11:33.95 (6)	11:00.07 (5)									11:00.07 (Ballard)	
T.Owens '95																

100 Meters		Meet 1st Place >											Season Best-M	3A		
		11.25	11.75	11.19	11.64	11.34	12.09	11.30	11.70	11.42	10.89	11.03		10.83		
Carlisle Record	Luke Murray (12th)	11.96 (5)		11.69 (2)	12.00 (7)	11.71 (6)				11.70 (1)	11.77 (7)	12.79 (9)		11.69 (Indianola)		State
10.85	Grant Tice (10th)		12.02 (6)							11.77 (2)	11.48 (3)	11.51 (3)		11.42 (State Prelims)		Prelims
J.Gonzalez '07	Nathan Gerlach (11th)								11.96 (9)					11.96 (DC-Grimes)		Tice
	Tyrell Erb (11th)		12.01 (5)											12.01 (ADM)		11.42
	Noah Smith (11th)	12.03 (8)												12.03 (Simpson)		State
	Brayden Burk (11th)						12.15 (3)							12.15 (Winterset)		Finals
	Danil Pestrikov (12th)			12.17 (3)										12.17 (Indianola)		Tice
	Andrew Smith (11th)						12.26 (6)							12.26 (Winterset)		11.53
	Kire Seskis (10th)				12.30 (10)									12.30 (Chariton)		3A

110 Hurdles		Meet 1st Place >											Season Best	14.13		
		14.67	15.36	15.75	16.08	15.99	16.39	15.36	16.23	15.06	15.45	14.16		14.13		
Carlisle Record	Henry Sanders (11th)	16.29 (6)	15.87 (4)	15.98 (3)	16.08 (1)	16.07 (3)				15.86 (3T)	DNS			15.86 (Conference)		
13.74	Jacob Klier (12th)	19.95 (14)	18.50 (9)	17.96 (4)	18.81 (7)	18.56 DNP	18.88 (4)	19.22 (16)	19.13 (3)	18.18 (10)	19.14 (9)			17.96 (Indianola)		
B.Betterton '91																

400 meters		Meet 1st Place >											Season Best	49.28		
		51.32	55.21	51.21	51.45	50.71	54.15	51.90	49.72	50.97	51.41	49.28		49.28		
Carlisle Record	Tyrell Erb (11th)	51.32		51.21 (1)	51.45 (1)	50.71 (1)				49.72 (1)	50.97 (1)	51.41 (10)	49.84 (5)	49.72 (Chariton)		State
49.36	Henry Sanders (11th)										51.31 (2)	53.41 (3)		51.31 (Conference)		Finals
B.Betterton '91	Joe Crowley (10th)							54.31 (5)						54.31 (DC-Grimes)		Erb
	Nolan Vollstedt (11th)	1:21.95 (11)	55.88 (2)	54.65 (3)	56.52 (10)	55.30 DNP		56.22 (8)						54.65 (Indianola)		49.84
	Danil Pestrikov (12th)						55.69 (3)							55.69 (Winterset)		
	Brian Robertson (10th)		56.76 (6)					55.88 (4)						55.88 (Winterset)		3A

1600 Run		Meet 1st Place >											Season Best	4:13.16		
		4:39.74	4:57.15	4:46.34	04:43.5	4:36.56	4:58.93	4:38.73	4:49.71	4:33.54	4:45.41	4:20.65		4:13.16		
Carlisle Record	Luke Sinclair			5:02.88 (4)	5:04.83 (7)	5:00.94 DNP	5:08.88 (4)	"5:12.56 (14)		5:01.27 (7)	5:01.46			5:00.94 (Ballard)		
04:32.2	JJ Orput (9th)			5:18.06 (9)					5:05.12 (5)	scratch				5:05.12 (Chariton)		
T.Owens '95	Chad Carter (11th)		scratch	5:06.76 (5)				5:07.12 (11)						5:06.76 (Indianola)		
	Taylor Hammond (12th)					5:13.54 DNP								5:13.54 (Ballard)		
	Jared Uhlmann						5:28.03 (9)							5:28.03 (Winterset)		

Carlisle Outdoor Track 2014 Season Page 6 Individual Running Events Apr-May 2014		2014 Meets Canceled			Norwalk Apr 14th			Saydel Apr 29			PCM May 1			Bondurant May 8	
		(1) Mar 29 Simpson Distance	(2) Apr 8 ADM-Adel Distance	(3) Apr 10 Indianola Distance	(4) Apr 15 Chariton Distance	(5) Apr 22 Ballard Distance	(6) Apr 25 Winterset Distance	(7) May 2 DC-G Distance	(8) May 6 Chariton Distance	(9) May 10 RRC Adel Distance	May 15 Dist. DC-G Distance	State Meet	Individual Events Personal Bests Including what Meet	Class 3A 2014 Best Season	
200 Meters	Meet 1st Place >	23.17	23.46	23.04	23.77	22.83	24.93	23.31	23.00	23.22	22.56	22.14	Season Best	22.14	
Carlisle Record 22.54 B.Betterton '91	Tyrell Erb (11th)	23.17 (1)	23.46 (1)	23.04 (1)	23.77 (1)	23.07 (1)		23.31 (1)		scratch-injury	23.14 (4)	22.80 (9)	22.80 (State prelims)		
	Josh Hagedorn					24.59 DNP			24.37 (3)	24.43			24.37 (Chariton)		
	Luke Murray (12th)	24.38 (7)		25.07 (5)									24.38 (Simpson)		
	Noah Smith (11th)				25.07 (9)			24.90 (7)					24.90 (DC-Grimes)		
	Chase Shanahan 10th								24.93 (6)				24.93 (Chariton)		
	Brayden Burk (11th)						24.93 (1)						24.93 (Winterset)		
	Dallas Wright (9th)						25.67 (7)						25.67 (Winterset)		
	Grant Tice (10th)		scratch								24.24 (7)		24.24 (Districts)		
400 Hurdles	Meet 1st Place >	58.51	55.80	56.92	58:15	57.96	59.86	55.86	56.60	55.54	57.30	53.73	Season Best	53.73	
Carlisle Record 54.16 P.Camp '92	Henry Sanders (11th)	58.68 (2)		57.71 (2)	58.15 (1)	57.96 (1)					DNA		57.71 (Indianola)		
	Joe Crowley		1:01.46 (4)	59.40 (4)	59.85 (2)	1:00.11 (3)			scratch	58.73 (3)			58.73 (Conference)		
	Peyton Stevens (10th)	1:00.59 (3)	1:01.50 (5)					1:03.21 (10)	scratch	1:00.69 (8)			1:00.59 (Simpson)		
	Jacob Klier (12th)						1:06.94 (4)	1:08.91 (15)					1:06.94 (Winterset)		
	Dallas Wright (9th)										1:04.36 (7)		1:04.36 (District)		
800 Meters	Meet 1st Place >	1:59.79	2:09.53	2:01.85	1:58.47	2:02.91	2:14.63	2:05.15	2:02.14	1:59.60	2:01.14	1:53.79	Season Best	1:53.79	
Carlisle Record 2:00:11 J.Grandstaff '99	Tyrell Erb (11th)		2:09.53 (1)										2:09.53 (ADM)		
	Trevor Carra (11th)	2:22.25 (11)				2:10.66 (4)		2:23.06 (12)		2:20.05 (9)			2:10.66 (Ballard)		
	Chad Carter (11th)						2:14.63 (1)		2:13.59 (4)	2:11.56 (4)	2:12.51		2:11.56 (Conference)		
	Henry Sanders (11th)		2:13.40 (4)										2:13.40 (ADM)		
	Taylor Hammond (12th)			2:16.63									2:16.63 (Indianola)		
	JJ Orput (9th)	2:23.84 (12)						NT			DNS		2:23.84 (Simpson)		
	Jared Uhlmann						2:34.75 (10)						2:34.75 (Winterset)		
	Max Becker (11th)			2:42.61									2:42.61 (Indianola)		