

2014 Carlisle Boys Outdoor Track Summary > 4 x 800 Relay

Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Apr 25 Winterset
2:17.83	Luke Sinclair 10th	2:18.55	Luke Sinclair 10th	2:07.99	Chad Carter 11th			2:07.90	Chad Carter 11th	na	Luke Sinclair 10th
2:23.10	JJ Orput 9th	2:16.28	T. Hammond 12th	2:15.31	Luke Sinclair 10th			2:15.04	Luke Sinclair 10th	na	Chad Carter 11th
2:21.30	Trevor Cara 11th	2:27.34	JJ Orput 9th	2:15.71	Trevor Cara 11th			2:19.17	Trevor Cara 11th	na	Trevor Cara 11th
2:21.90	T. Hammond 12th	2:23.84	Trevor Cara 11th	2:15.37	T. Hammond 12th			2:21.40	T. Hammond 12th	na	JJ Orput 9th
9:24.13	Carlisle 10th place	9:26.01	Carlisle 6th place	8:54.38	Carlisle 1st place		Carlisle No Entry	9:03.27	Carlisle 5th place	9:16.60	Carlisle 3rd place
4 x 800											
School Record	8:15.54 Johnston	8:53.05 DC-Grimes 1st	8:54.38 Carlisle 1st					8:49.72 DC-Grimes 1st		8:50.51 Earlham 1st	
8:10.60	WDM Valley	8:56.25 Van Meter 2nd	9:01.70 Indianola 2nd					8:52.58 ADM Adel 2nd		8:51.27 Winterset 2nd	
1966	Indianola	9:12.40 Norwalk 3rd	9:12.89 Norwalk 3rd					8:58.85 Gilbert 3rd		9:16.60 Carlisle 3rd	
8:48.63	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet			
Season Best	2:13.94 Luke Sinclair 10th	2:10.75 Taylor Hammond 12th	2:09.07 Chad Carter 11th	2:10.59 Taylor Hammond 12th							
Carlisle 2014	2:13.89 Chad Carter 11th	2:10.39 Chad Carter 11th	2:11.99 Taylor Hammond 12th	2:13.33 Luke Sinclair 10th							
Class 3A 2014	2:16.46 Taylor Hammond 12th	2:17.45 Trevor Cara 11th	2:18.30 Trevor Cara 11th	2:12.38 Trevor Cara 11th							
Season Best	2:20.89 Trevor Cara 11th	2:16.49 Luke Sinclair 10th	2:09.27 Luke Sinclair 10th	2:15.83 Chad Carter 11th							
7:59.20	9:05.18 Carlisle 7th place	8:55.08 Carlisle 2nd place	8:48.63 Carlisle 4th place	8:52.13 Carlisle 4th place							
State 2014											State 3A Finals
	8:28.71 North Polk 1st	8:46.19 Chariton 1st	8:19.73 Bond-Far 1st	8:32.36 Bondurant 1st						7:59.20 Center Point	
	8:34.19 DC-Grimes 2nd	8:55.08 Carlisle 2nd	8:33.40 Boone 2nd	8:35.20 DC-Grimes 2nd						8:02.02 Pella	
	8:43.30 Gilbert 3rd	9:17.17 Saydel 3rd	8:46.12 Winterset 3rd	8:41.17 Chariton 3rd						8:04.75 Spirit Lake Park	

2014 Carlisle Boys Outdoor Track Summary > Shuttle Hurdle Relay

Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Apr 25 Winterset
15.75	Josh Hagedorn 11th	15.33	Henry Sanders (11th)	16.14	Joe Crowley 10th	15.25	Henry Sanders (11th)	16.13	Joe Crowley 10th	16.08	Joe Crowley 10th
16.83	Joe Crowley 10th	16.79	Jacob Klier 12th	15.57	Josh Hagedorn 11th	16.61	Peyton Stephens 10th	15.10	Josh Hagedorn 11th	16.69	Jacob Klier 12th
15.88	Peyton Stephens 10th	15.94	Joe Crowley 10th	17.15	Peyton Stephens 10th	16.75	Jacob Klier 12th	16.66	Peyton Stephens 10th	17.31	Peyton Stephens 10th
16.89	Jacob Klier 12th	16.22	Peyton Stephens 10th	15.20	Henry Sanders (11th)	16.26	Joe Crowley 10th	15.09	Henry Sanders 11th	15.10	Josh Hagedorn 11th
1:05.35	Carlisle 6th place	1:04.28	Carlisle 2nd place	1:04.06	Carlisle 3rd place	1:05.08	Carlisle 1st place	1:02.74	Carlisle 1st place	1:05.18	Carlisle 2nd place
	na 1st	1:03.16	Norwalk 1st	1:03.04	Knoxville 1st	1:05.08	Carlisle 1st	1:02.74	Carlisle 1st	1:03.62	Earlham 1st
	na 2nd	1:04.28	Carlisle 2nd	1:03.92	Norwalk 2nd	1:05.81	Pella 2nd	1:03.66	Ballard 2nd	1:05.18	Carlisle 2nd
	na 3rd	1:06.27	ADM 3rd	1:04.06	Carlisle 3rd	1:09.88	Mt Ayr 3rd	01:09.1	North Polk 3rd	1:05.64	Winterset 3rd
1:00.50	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet	Coach Split	May 22-24 State Prelims	
Season Best	15.82 Joe Crowley 10th	16.42 Jacob Klier 12th	15.71 Joe Crowley 10th	15.99 Joe Crowley 10th					15.53 Joe Crowley 10th		
Carlisle 2014	14.90 Josh Hagedorn 11th	15.64 Joe Crowley 10th	14.91 Josh Hagedorn 11th	14.90 Josh Hagedorn 11th					15.18 Josh Hagedorn 11th		
Class 3A 2014	15.82 Peyton Stephens 10th	16.83 Dallas Wright (9th)	15.37 Peyton Stephens 10th	16.32 Peyton Stephens 10th					15.59 Peyton Stephens 10th		
Season Best	14.67 Henry Sanders 11th	15.99 Peyton Stephens 10th	14.55 Henry Sanders (11th)	14.53 Henry Sanders (11th)					14.20 Henry Sanders (11th)		
58.01	1:01.21 Carlisle 1st place	1:04.88 Carlisle 1st place	1:00.54 Carlisle 1st place	61.74 Carlisle 1st place					1:00.50 Carlisle 13th place		
State Meet									2 Heats		State 3A Finals
	1:01.21 Carlisle 1st	1:04.88 Carlisle 1st	1:00.54 Carlisle 1st	1:01.74 Carlisle 1st				58.18 Waverly Shell Rock		58.01 Waverly Shell Rock	
	1:03.16 North Polk 2nd	na 2nd	1:00.78 Carroll 2nd	1:03.06 Bondurant 2nd				58.69 Mt Pleasant		58.11 Fort Madison	
	1:04.75 Carroll 3rd	na 3rd	1:02.93 Bond-Far 3rd	1:03.88 Knoxville 3rd				58.97 Fort Madison		58.31 Mt Pleasant	

2014 Carlisle Boys Outdoor Track Summary > 4 x 200 Relay

	Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Apr 25 Winterset
		23.87 Chase Shanahan 10th		24.05 Luke Murray 12th		23.96 Chase Shanahan 10th		26.36 Danil Pestrikov 12th		25.54 Chase Shanahan 10th		23.98 Chase Shanahan 10th
		23.94 Nathan Gerlach 11th		25.39 Noah Smith 11th		23.65 Noah Smith 11th		24.19 Noah Smith 11th		23.92 Kire Seskis 10th		26.40 Kire Seskis 10th
		25.23 Kire Seskis 10th		25.08 Chase Shanahan 10th		24.41 Nathan Gerlach 11th		23.72 Nathan Gerlach 11th		23.81 Noah Smith 11th		23.70 Dallas Wright 9th
		24.24 Joe Crowley 10th		25.46 Nathan Gerlach 11th		24.19 Kire Seskis 10th		25.58 Kire Seskis 10th		23.94 Nathan Gerlach 11th		24.19 Nolan Vollstedt 11th
		1:37.28 Carlisle 7th place		1:39.98 Carlisle 3rd place		1:36.21 Carlisle 1st place		1:39.85 Carlisle 3rd place		1:37.21 Carlisle 2nd place		1:38.26 Carlisle 3rd place
4 x 200												
School Record												
1:31.58		1:30.41 WDM Dowling		1:34.06 DC Grimes 1st		1:36.21 Carlisle 1st		1:32.13 Albia 1st		DC-Grimes 1st		1:36.10 M St Marys 1st
2011		1:32.96 Ames 2nd		1:35.56 DM North 2nd		1:36.33 Indianola 2nd		1:37.76 Pella 2nd		Carlisle 2nd		1:37.18 Earlham 2nd
		1:32.00 SE Polk 3rd		1:39.98 Carlisle 3rd		1:45.32 Norwalk 3rd		1:39.85 Carlisle 3rd		Ballard 3rd		1:38.26 Carlisle 3rd
1:34.69	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet				
Season Best		25.01 Luke Murray 12th		23.86 Chase Shanahan 10th		24.48 Chase Shanahan 10th		24.73 Chase Shanahan 10th				
Carlisle 2014		23.49 Noah Smith 11th		24.75 Kire Seskis 10th		23.38 Kire Seskis 10th		25.00 Kire Seskis 10th (DQ)				
Class 3A 2014		23.29 Henry Sanders 11th		23.90 Noah Smith 11th		24.70 Noah Smith 11th		25.74 Noah Smith 11th				
Season Best		22.90 Tyrell Erb 11th		24.07 Nathan Gerlach 11th		23.46 Nathan Gerlach 11th		23.11 Nathan Gerlach 11th				
1:30.06		1:34.69 Carlisle 3rd place		1:36.58 Carlisle 3rd place		1:36.02 Carlisle 4th place		01:38.6 Carlisle DQ				
State Meet												State 3A Finals
		1:32.90 DC-Grimes 1st		1:35.27 Albia 1st		1:32.33 Carroll 1st		1:31.56 DC-Grimes 1st				1:30.06 Heelan S.C
		1:34.22 Carroll 2nd		1:36.09 Saydel 2nd		1:32.92 Boone 2nd		1:34.09 Bondurant 2nd				1:30.34 DC-Grimes
		1:34.69 Carlisle 3rd		1:36.58 Carlisle 3rd		1:33.20 Bond-Far 3rd		1:35.60 Knox 3rd				1:30.44 Solon

2014 Carlisle Boys Outdoor Track Summary > Distance Medley Relay

	Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Apr 25 Winterset
		24.03 Chase Shanahan 10th		24.89 Danil Pestrikov 12th		24.40 Peyton Stephens 10th		24.52 Nathan Gerlach 11th		25.40 Chase Shanahan 10th		24.60 Chase Shanahan 10th
		24.71 Nathan Gerlach 11th		23.96 Kire Seskis 10th		24.05 Josh Hagedorn 11th		25.39 Kire Seskis 10th		23.53 Kire Seskis 10th		23.80 Kire Seskis 10th
		55.68 Joe Crowley 10th		58.02 Trevor Cara 11th		61.71 Kire Seskis 10th		56.36 Peyton Stephens 10th		55.56 Brian Robertson 10th		1:02.14 JJ Orput 9th
		2:19.29 Luke Sinclair 10th		2:19.31 Luke Sinclair 10th		2:20.82 Trevor Cara 11th		2:30.77 Luke Sinclair 10th		2:22.74 Trevor Cara 11th		2:38.49 Max Becker 11th
		4:03.71 Carlisle 7th place		4:06.18 Carlisle 4th place		4:11.08 Carlisle 3rd place		4:17.04 Carlisle 5th		4:07.23 Carlisle 6th place		4:29.03 Carlisle 4th place
1600 Medley												
School Record												
03:40.5		3:37.83 Ames 1st		3:47.42 DC-Grimes 1st		4:01.64 Indianola 1st		3:39.77 Mount Ayr 1st		3:45.81 ADM Adel 1st		3:53.81 Earlham 1st
2001		3:45.01 DM Roosevelt		3:55.94 DM North 2nd		4:09.35 Norwalk 2nd		3:41.58 Albia 2nd		3:53.20 Nevada 2nd		4:11.18 Winterset 2nd
		3:45.14 WDM Dowling		4:02.52 ADM Adel 3rd		4:11.08 Carlisle 3rd		3:53.34 Pella 3rd		3:55.73 D-C-G 3rd		4:24.71 M St Marys 3rd
3:56.58	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet				
Season Best		24.44 Chase Shanahan 10th		24.68 Nolan Vollstedt 11th		24.15 Chase Shanahan 10th		25.49 Chase Shanahan 10th				
Carlisle 2014		23.98 Brian Robertson 10th		23.33 Dallas Wright 9th		23.19 Kire Seskis 10th		23.36 Brayden Burk (11th)				
Class 3A 2014		57.63 Dani Pestrikov 12th		56.38 Danil Pestrikov 12th		56.75 Danil Pestrikov 12th		56.01 Brian Robertson (10th)				
Season Best		2:15.44 Taylor Hammond 12th		2:16.12 Taylor Hammond 12th		2:12.50 Taylor Hammond 12th		2:19.77 Trevor Cara 11th				
3:29.98		4:01.49 Carlisle 5th place		4:00.51 Carlisle 2nd place		3:56.58 Carlisle 7th place		4:04.63 Carlisle 4th				
Algona												State 3A Finals
		3:46.70 Gilbert 1st		3:55.58 Chariton 1st		3:44.68 Bond-Far 1st		3:44.09 DC-Grimes 1st				3:30.65 Algona
		3:52.79 North Polk 2nd		4:00.51 Carlisle 2nd		3:48.44 Perry 2nd		3:44.16 ADM Adel 2nd				3:31.77 Fort Madison
		3:53.27 DC-G 3rd		4:10.19 Albia 3rd		3:50.33 ADM 3rd		3:53.70 Perry 3rd				3:32.69 Center Point

2014 Carlisle Boys Outdoor Track Summary > 4 x 100 Relay

Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Drake Relays	
DQ	Chase Shanahan 10th	12.12	Luke Murray 12th	11.24	Luke Murray 12th	12.10	Luke Murray 12th	11.98	Luke Murray 12th	11.32	Luke Murray - 97	
	Nathan Gerlach 11th	11.39	Noah Smith 11th	11.30	Noah Smith 11th	11.25	Noah Smith 11th	10.39	Noah Smith 11th	11.24	Noah Smith - 105	
	Kire Seskis 10th	11.78	Chase Shanahan 10th	11.31	Nathan Gerlach 11th	11.51	Nathan Gerlach 11th	11.04	Nathan Gerlach 11th	10.44	Nathan Gerlach - 88	
	Josh Hagedorn 11th	11.52	Nathan Gerlach 11th	11.41	Tyrell Erb 11th	10.95	Tyrell Erb 11th	11.28	Tyrell Erb 11th	11.42	Tyrell Erb - 110	
	Carlisle DQ	46.81	Carlisle 5th place	45.26	Carlisle 3rd place	45.81	Carlisle 1st place	44.69	Carlisle 2nd place	44.42	Carlisle 35th	
3A Schools placed												
44.04	WDM Dowling	44.84	DC-Grimes 1st	44.86	Knoxville 1st	45.81	Carlisle 1st	44.39	DC-Grimes 1st	43.58	SC Heelan 11th	
44.71	WDM Valley	44.96	DM North 2nd	45.21	Norwalk 2nd	46.06	Mt Ayr 2nd	44.69	Carlisle 2nd	43.86	Solon 17th	
45.17	Ames 3rd	46.15	Norwalk 3rd	45.26	Carlisle 3rd	46.31	Albia 3rd	45.80	Nevada 3rd	44.00	Sgt Bluff 24th	
44.42	Coach Split	Apr 25 Winterset	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet	Coach Split	May 24 State Finals
Season Best Carlisle 2014	11.59	Chase Shanahan 10th	12.18	Luke Murray 12th	11.56	Luke Murray 12th	12.54	Luke Murray 12th	12.31	Luke Murray 12th		
	11.78	Kire Seskis 10th	11.91	Noah Smith 11th	11.12	Noah Smith 11th	10.84	Noah Smith 11th	11.63	Noah Smith 11th		
	11.31	Josh Hagedorn 11th	10.77	Nathan Gerlach 11th	11.21	Nathan Gerlach 11th	10.69	Nathan Gerlach 11th	10.56	Nathan Gerlach 11th		
	11.57	Andrew Smith 11th	11.85	Kire Seskis 10th	10.83	Tyrell Erb 11th	11.27	Grant Tice 10th	11.17	Grant Tice 10th		
	46.25	Carlisle 2nd place	46.71	Carlisle 5th place	44.72	Carlisle 2nd place	45.34	Carlisle 3rd place	45.67	Carlisle 3rd place		
State 3A Finals												
46.20	M St Marys 1st	44.39	DC-Grimes 1st	44.46	Albia 1st	44.65	Boone 1st	44.16	DC-Grimes 1st	43.23	DC-Grimes	
46.25	Carlisle 2nd	45.39	Carroll 2nd	44.72	Carlisle 2nd	45.10	B-F 2nd	44.82	Bondurant 2nd	43.28	Solon	
46.39	Earlham 3rd	46.20	Gilbert 3rd	47.21	C. Decatur 3rd	45.34	Carlisle 3rd	45.67	Carlisle 3rd	43.63	Williamsburg	

2014 Carlisle Boys Outdoor Track Summary > 4 x 400 Relay

Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM Adel	Coach Split	Apr 10 Indianola	Coach Split	Apr 15 Chariton	Coach Split	Apr 22 Ballard	Coach Split	Apr 25 Winterset	
4 x 400 School Record 3:28.93 1986	52.44	Henry Sanders 11th	55.30	Nolan Vollstedt 11th	55.00	Nolan Vollstedt 11th	58.01	Danil Pestrikov 12th	55.21	Nolan Vollstedt 11th	54.47	Nolan Vollstedt 11th
	56.06	Peyton Stevens 10th	55.38	Brian Robertson 10th	54.41	Joe Crowley 10th	56.22	Nolan Vollstedt 11th	53.65	Joe Crowley 10th	59.70	Braden Burk 11th
	55.83	Noah Smith 11th	56.85	Peyton Stephens 10th	56.28	Peyton Stephens 10th	55.22	Joe Crowley 10th	54.84	Peyton Stephens 10th	61.18	Dallas Wright 9th
	52.32	Tyrell Erb 11th	56.98	Joe Crowley 10th	56.11	Brian Robertson 10th	55.71	Peyton Stephens 10th	60.17	Brian Robertson 10th	62.25	Luke Sinclair 10th
	3:36.65	Carlisle 3rd place	3:44.51	Carlisle 2nd place	3:41.89	Carlisle 3rd place	3:45.16	Carlisle 4th place	3:43.87	Carlisle 5th place	3:57.60	Carlisle 3rd place
3:30.92	Ames 1st	3:42.82	Van Meter 1st	3:32.06	Knoxville 1st	3:27.74	Albia 1st	3:35.15	Creston 1st	3:43.93	Earlham 1st	
3:33.29	DM Roosevelt	3:44.51	Carlisle 2nd	3:33.57	Indianola 2nd	3:28.35	Mt Ayr 2nd	3:35.72	Ballard 2nd	3:44.88	Winterset 2nd	
3:36.65	Carlisle 3rd	3:46.37	Winterset 3rd	3:41.89	Carlisle 3rd	3:43.91	Pella 3rd	3:41.99	North Polk 3rd	3:57.60	Carlisle 3rd	
3:25.06	Coach Split	May 2 DC-G	Coach Split	May 6 Chariton	Coach Split	10 RRC @ Adel	Coach Split	May 15 District Meet	Coach Split	May 22-24 State Prelims	Coach Split	May 24 State Finals
New School Record 2014 Class 3A 2014 Best Time 03:23.8 State Meet	53.71	Henry Sanders 11th	54.12	Nolan Vollstedt 11th	52.88	Nolan Vollstedt 11th	51.94	Henry Sanders 11th	50.84	Henry Sanders 11th	50.99	Henry Sanders 11th
	54.33	Joe Crowley 10th	54.74	Joe Crowley 10th	54.51	Joe Crowley 10th	53.21	Joe Crowley 10th	51.92	Joe Crowley 10th	51.55	Joe Crowley 10th
	54.56	Nolan Vollstedt 11th	56.85	Peyton Stephens 10th	58.69	Josh Hagedorn 11th	52.87	Nolan Vollstedt 11th	52.39	Nolan Vollstedt 11th	53.29	Nolan Vollstedt 11th
	51.50	Tyrell Erb 11th	58.97	Trevor Cara 11th	59.01	Peyton Stephens 10th	50.53	Tyrell Erb 11th	49.87	Tyrell Erb 11th	50.15	Tyrell Erb 11th
	3:34.10	Carlisle 3rd place	3:44.68	Carlisle 2nd place	3:45.09	Carlisle 6th	3:28.55	Carlisle 1st place	3:25.06	Carlisle 3rd place 2 Heats	3:25.98	Carlisle 4th place
State 3A Finals												
3:33.00	Gilbert 1st	3:32.39	Albia 1st	3:33.60	Carroll 1st	3:28.55	Carlisle 1st	3:23.10	Algona 1st	3:23.79	Center Point 1st	
3:33.65	North Polk 2nd	3:44.66	Carlisle 2nd	3:33.98	Boone 2nd	3:32.53	DC-Grimes 2nd	3:24.02	Heelan SC 2nd	3:25.14	Heelan SC 2nd	
3:34.10	Carlisle 3rd	3:57.30	Chariton 3rd	3:35.12	Ballard 3rd	3:33.93	Bondurant 3rd	3:25.06	Carlisle 3rd	3:25.76	Algona 3rd	