	Page 1				2	2014 Car	lisle Bo	oys Outdoor Track Summary > 4 x 800 Relay								Apr-May 2014		
	Coach Split			Coach Split			Coach Split	Apr 10	Indianola	Coach Split	Apr 15 (Chariton	Coach Split	Apr 22	Ballard	Coach Split	Apr 25 V	Vinterset
	2:17.83	Luke Sinclair	10th	2:18.55	Luke Sinclai	ir 10th	2:07.99	Chad Carte	er 11th				2:07.90	Chad Carter	11th	na	Luke Sinclair	10th
	2:23.10	JJ Orput 9th		2:16.28	T. Hammon	d 12th	2.15.31	Luke Sincla	air 10th				2:15.04	Luke Sinclair	r 10th	na	Chad Carter 1	11th
	2:21.30	Trevor Cara	11th	2:27.34	JJ Orput 9th	1	2:15.71	Trevor Car	a 11th				2:19.17	Trevor Cara	11th	na	Trevor Cara 1	l1th
	2:21.90	T. Hammond	12th	2:23.84	Trevor Cara	11th	2:15.37	T. Hammo	nd 12th				2:21.40	T. Hammond	d 12th	na	JJ Orput 9th	
	9:24.13	Carlisle 10	h place	9:26.01	Carlisle 6th	n place	8:54.38	Carlisle	1st place		Carlisle	No Entry	9:03.27	Carlisle	5th place	9:16.60	Carlisle	3rd place
4 x 800																		
School Record	8:15.54	Johnston		8:53.05	DC-Grimes	1st	8:54.38	Carlisle	1st				8:49.72	DC-Grimes	1st	8:50.51	Earlham	1st
8:10.60	8:19.91	WDM Valley		8:56.25	Van Meter	2nd	9:01.70	Indianola	2nd				8:52.58	ADM Adel	2nd	8:51.27	Winterset	2nd
1966	8:21.57	Indianola		9:12.40	Norwalk	3rd	9:12.89	Norwalk	3rd				8:58.85	Gilbert	3rd	9:16.60	Carlisle	3rd
8:48.63	Coach Split	May 2	DC-G	Coach Split	May 6	Chariton	Coach Split	10 RRC @	Adel	Coach Split	May 15 Di	strict Meet						
Season Best	2:13.94	Luke Sinclair		2:10.75	Taylor Hamı		2:09.07	Chad Carte		2:10.59	Taylor Ham							
Carlisle 2014	2:13.89	Chad Carter	11th	2:10.39	Chad Carter	r 11th	2:11.99	Taylor Han	nmond 12th	2:13.33	Luke Sincla	ir 10th						
Class 3A 2014	2:16.46	Taylor Hamm		2:17.45	Trevor Cara		2:18.30	Trevor Car	a 11th	2:12.38	Trevor Cara	a 11th						
Season Best	2;20.89	Trevor Cara	11th	2:16.49	Luke Sinclai	ir 10th	2:09.27	Luke Sincla	air 10th	2:15.83	Chad Carte	r 11th						
7:59.20	9:05.18	Carlisle	7th place	8:55.08	Carlisle	2nd place	8:48.63	Carlisle	4th place	8:52.13	Carlisle	4th place						
State 2014																	State 3A Fina	als
	8:28.71	North Polk	1st	8:46.19	Chariton	1st	8:19.73	Bond-Far	1st	8:32.36	Bondurant	1st				7:59.20	Center Point	
	8:34.19	DC-Grimes	2nd	8:55.08	Carlisle	2nd	8:33.40	Boone	2nd		DC-Grimes	2nd				8:02.02	Pella	
	8:43.30	Gilbert	3rd	9:17.17	Saydel	3rd		Winterset	3rd		Chariton	3rd				8:04.75	Spirit Lake P	ark
	Page 1		2014 Carlisle						ummary > Shuttle Hurdle Relay						Apr-May 2014			
																		•
	Coach Split	Mar 29 S		Coach Split	Apr 9 A	DM Adel	Coach Split	Apr 10	Indianola	Coach Split	Apr 15 (Chariton	Coach Split	Apr 22	Ballard	Coach Split	Apr 25 V	Vinterset
	Coach Split 15.75	Mar 29 S Josh Hagedo	rn 11th	15.33	Apr 9 A Henry Sand	DM Adel ers (11th)	Coach Split 16.14	Apr 10 Joe Crowle	Indianola y 10th	Coach Split 15.25	Apr 15 (Henry Sand	Chariton ders (11th)	Coach Split 16.13	Apr 22 Joe Crowley	10th	16.08	Apr 25 V Joe Crowley 1	Vinterset 10th
	Coach Split 15.75 16.83	Josh Hagedo Joe Crowley	orn 11th 10th	15.33 16.79	Apr 9 A Henry Sand	DM Adel ers (11th) 12th	Coach Split 16.14 15.57	Apr 10 Joe Crowle Josh Hage	Indianola by 10th dorn 11th	Coach Split 15.25 16.61	Apr 15 (Henry Sand Peyton Step	Chariton ders (11th) ohens 10th	Coach Split 16.13 15.10	Joe Crowley Josh Hagedo	10th orn 11th	16.08 16.69	Joe Crowley 1 Jacob Klier 12	Vinterset 10th 2th
	Coach Split 15.75 16.83 15.88	Josh Hagedo Joe Crowley Peyton Steph	orn 11th 10th nens 10th	15.33 16.79 15.94	Apr 9 A Henry Sand Jacob Klier Joe Crowley	ers (11th) 12th 7 10th	Coach Split 16.14 15.57 17.15	Joe Crowle Josh Hage Peyton Ste	Indianola ey 10th dorn 11th phens 10th	Coach Split 15.25 16.61 16.75	Apr 15 (Henry Sand Peyton Step Jacob Klier	Chariton Jers (11th) Chens 10th 12th	Coach Split 16.13 15.10 16.66	Josh Hagedo Peyton Stepl	10th orn 11th hens 10th	16.08 16.69 17.31	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Stepho	Vinterset 10th 2th eens 10th
	Coach Split 15.75 16.83 15.88 16.89	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1	orn 11th 10th nens 10th 2th	15.33 16.79 15.94 16.22	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step	ers (11th) 12th 7 10th Shens 10th	Coach Split 16.14 15.57 17.15 15.20	Joe Crowle Josh Hage Peyton Ste Henry San	Indianola by 10th dorn 11th phens 10th ders (11th)	Coach Split 15.25 16.61 16.75 16.26	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley	Chariton Hers (11th) Shens 10th 12th y 10th	Coach Split 16.13 15.10 16.66 15.09	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande	10th orn 11th hens 10th	16.08 16.69 17.31 15.10	Joe Crowley 1 Jacob Klier 12 Peyton Stepho Josh Hagedon	Vinterset 10th 2th lens 10th rn 11th
	Coach Split 15.75 16.83 15.88 16.89	Josh Hagedo Joe Crowley Peyton Steph	orn 11th 10th nens 10th 2th	15.33 16.79 15.94	Apr 9 A Henry Sand Jacob Klier Joe Crowley	ers (11th) 12th 7 10th	Coach Split 16.14 15.57 17.15	Joe Crowle Josh Hage Peyton Ste	Indianola ey 10th dorn 11th phens 10th	Coach Split 15.25 16.61 16.75	Apr 15 (Henry Sand Peyton Step Jacob Klier	Chariton Jers (11th) Chens 10th 12th	Coach Split 16.13 15.10 16.66	Josh Hagedo Peyton Stepl	10th orn 11th hens 10th	16.08 16.69 17.31	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Stepho	Vinterset 10th 2th eens 10th
Shuttle Hurdle	Coach Split 15.75 16.83 15.88 16.89	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th	orn 11th 10th nens 10th 2th n place	15.33 16.79 15.94 16.22 1:04.28	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle	ers (11th) 12th 7 10th 2nd place	Coach Split 16.14 15.57 17.15 15.20 1:04.06	Joe Crowle Josh Hage Peyton Ste Henry San Carlisle	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place	Coach Split 15.25 16.61 16.75 16.26 1:05.08	Apr 15 (Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle	Chariton lers (11th) ohens 10th 12th y 10th 1st place	Coach Split 16.13 15.10 16.66 15.09 1:02.74	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande Carlisle	10th orn 11th hens 10th ers 11th 1st place	16.08 16.69 17.31 15.10 1:05.18	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle	Vinterset 10th 2th eens 10th rn 11th 2nd place
School Record	Coach Split 15.75 16.83 15.88 16.89	Mar 29 S Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th	orn 11th 10th nens 10th 2th n place	15.33 16.79 15.94 16.22 1:04.28	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk	DM Adel ers (11th) 12th / 10th chens 10th 2nd place	Coach Split 16.14 15.57 17.15 15.20 1:04.06	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place	Coach Split 15.25 16.61 16.75 16.26 1:05.08	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Carlisle	Chariton ders (11th) bhens 10th 12th y 10th 1st place	Coach Split 16.13 15.10 16.66 15.09 1:02.74	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande Carlisle Carlisle	10th orn 11th hens 10th ers 11th 1st place	16.08 16.69 17.31 15.10 1:05.18	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham	Vinterset 10th 2th eens 10th rn 11th 2nd place
School Record 56.84	Coach Split 15.75 16.83 15.88 16.89	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th	orn 11th 10th nens 10th 2th n place 1st 2nd	15.33 16.79 15.94 16.22 1:04.28	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle	ers (11th) 12th 7 10th 2nd place 1st 2nd	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk	ey 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.08	Apr 15 0 Henry Sance Peyton Step Jacob Klier Joe Crowley Carlisle Carlisle Pella	Chariton lers (11th) ohens 10th 12th y 10th 1st place 1st 2nd	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande Carlisle Carlisle Ballard	10th orn 11th hens 10th ers 11th 1st place 1st 2nd	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.18	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle	Vinterset 10th 2th ens 10th rn 11th 2nd place 1st 2nd
School Record 56.84 1992	Coach Split 15.75 16.83 15.88 16.89 1:05.35	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th	orn 11th 10th nens 10th 2th place 1st 2nd 3rd	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM	DM Adel ers (11th) 12th 7 10th hens 10th 2nd place 1st 2nd 3rd	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle	ey 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.08 1:05.81 1:09.88	Apr 15 (Henry Sand Peyton Step Jacob Klier Joe Crowle Carlisle Carlisle Pella Mt Ayr	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:02.74 1:03.66 01:09.1	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Carlisle Ballard North Polk	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd	16.08 16.69 17.31 15.10 1:05.18	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham	Vinterset 10th 2th eens 10th rn 11th 2nd place
School Record 56.84 1992 1:00.50	Coach Split 15.75 16.83 15.88 16.89 1:05.35	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2	orn 11th 10th nens 10th 2th n place 1st 2nd 3rd DC-G	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6	ers (11th) 12th 7 10th 2nd place 1st 2nd 3rd Chariton	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.08 1:05.81 1:09.88 Coach Split	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Carlisle Pella Mt Ayr May 15 Di	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande Carlisle Carlisle Ballard North Polk	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.18	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle	Vinterset 10th 2th ens 10th rn 11th 2nd place 1st 2nd
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School Record 56.84 1992 1:00.50 Season Best Carlisle 2014	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo	orn 11th 10th nens 10th 2th n place 1st 2nd 3rd DC-G 10th orn 11th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley	ers (11th) 12th 7 10th Phens 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Joe Crowley Joe Crowley Josh Haged	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18	Joe Crowley Josh Hagedo Peyton Stepl Henry Sande Carlisle Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedo	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.18	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle	Vinterset 10th 2th ens 10th rn 11th 2nd place 1st 2nd
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School Record 56.84 1992 1:00.50 Season Best Carlisle 2014 Class 3A 2014 Season Best	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90 15.82 14.67	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo Peyton Steph Henry Sande	orn 11th 10th 10th 10th 10th 10th 10th 10th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64 16.83 15.99	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley Dallas Wrigh Peyton Step	DM Adel ers (11th) 12th 7 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th 10th 10th 10th 10th 10th 10th 10th	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91 15.37 14.55	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage Peyton Ste Henry San	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th phens 10th dorn 11th phens 10th ders (11th)	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90 16.32 14.53	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Josh Haged Peyton Step Henry Sand	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th chens 10th	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18 15.59 14.20	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedd Peyton Stepl Henry Sande	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th hens 10th ers (11th)	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.18	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle	Vinterset 10th 2th ens 10th rn 11th 2nd place 1st 2nd
School Record 56.84 1992 1:00.50 Season Best Carlisle 2014 Class 3A 2014 Season Best 58.01	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90 15.82	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo Peyton Steph	orn 11th 10th 10th 10th 10th 10th 10th 10th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64 16.83	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley Dallas Wrigh	DM Adel ers (11th) 12th 7 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th 10th 10th 11th 11th 11th 11th 11th	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91 15.37	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage Peyton Ste	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th phens 10th	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90 16.32	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Josh Haged Peyton Step Henry Sand	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th chens 10th	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18 15.59	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedd Peyton Stepl Henry Sande	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th hens 10th ers (11th) 13th place	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.18	Apr 25 V Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle Winterset	Vinterset 10th 2th lens 10th rn 11th 2nd place 1st 2nd 3rd
School Record 56.84 1992 1:00.50 Season Best Carlisle 2014 Class 3A 2014 Season Best	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90 15.82 14.67 1:01.21	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo Peyton Steph Henry Sande Carlisle	orn 11th 10th 10th 10th 10th 10th 10th 10th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64 16.83 15.99 1:04.88	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley Dallas Wrigh Peyton Step Carlisle	DM Adel ers (11th) 12th 7 10th Phens 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th 10th 10th 11th 11th 11th 11th 11th	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91 15.37 14.55 1:00.54	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage Peyton Ste Henry San Carlisle	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th phens 10th ders (11th) 1st place	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90 16.32 14.53 61.74	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Josh Haged Peyton Step Henry Sand Carlisle	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th chens 10th lers (11th) 1st place	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18 15.59 14.20 1:00.50	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th hens 10th ers (11th) 13th place 2 Heats	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.64	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle Winterset State 3A Fina	Vinterset 10th 2th lens 10th rn 11th 2nd place 1st 2nd 3rd
School Record 56.84 1992 1:00.50 Season Best Carlisle 2014 Class 3A 2014 Season Best 58.01	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90 15.82 14.67 1:01.21	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo Peyton Steph Henry Sande Carlisle Carlisle	orn 11th 10th 10th 10th 10th 10th 10th 10th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64 16.83 15.99	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley Dallas Wrigh Peyton Step Carlisle Carlisle	DM Adel ers (11th) 12th 7 10th Phens 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th ht (9th) Phens 10th 1st place	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91 15.37 14.55 1:00.54	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Carlisle	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th phens 10th ders (11th) 1st place	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90 16.32 14.53 61.74	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Josh Haged Peyton Step Henry Sand Carlisle Carlisle	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th chens 10th lers (11th) 1st place	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18 15.59 14.20 1:00.50	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Waverly She	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th hens 10th ers (11th) 13th place 2 Heats	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.64	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle Winterset State 3A Fina Waverly Shell	Vinterset 10th 2th lens 10th rn 11th 2nd place 1st 2nd 3rd 3rd
School Record 56.84 1992 1:00.50 Season Best Carlisle 2014 Class 3A 2014 Season Best 58.01	Coach Split 15.75 16.83 15.88 16.89 1:05.35 Coach Split 15.82 14.90 15.82 14.67 1:01.21 1:03.16	Josh Hagedo Joe Crowley Peyton Steph Jacob Klier 1 Carlisle 6th na na na May 2 Joe Crowley Josh Hagedo Peyton Steph Henry Sande Carlisle	orn 11th 10th 10th 10th 10th 10th 10th 10th	15.33 16.79 15.94 16.22 1:04.28 1:03.16 1:04.28 1:06.27 Coach Split 16.42 15.64 16.83 15.99 1:04.88	Apr 9 A Henry Sand Jacob Klier Joe Crowley Peyton Step Carlisle Norwalk Carlisle ADM May 6 Jacob Klier Joe Crowley Dallas Wrigh Peyton Step Carlisle	DM Adel ers (11th) 12th 7 10th Phens 10th 2nd place 1st 2nd 3rd Chariton 12th 7 10th 10th 10th 11th 11th 11th 11th 11th	Coach Split 16.14 15.57 17.15 15.20 1:04.06 1:03.04 1:03.92 1:04.06 Coach Split 15.71 14.91 15.37 14.55 1:00.54	Apr 10 Joe Crowle Josh Hage Peyton Ste Henry San Carlisle Knoxville Norwalk Carlisle 10 RRC @ Joe Crowle Josh Hage Peyton Ste Henry San Carlisle	Indianola by 10th dorn 11th phens 10th ders (11th) 3rd place 1st 2nd 3rd Adel by 10th dorn 11th phens 10th ders (11th) 1st place	Coach Split 15.25 16.61 16.75 16.26 1:05.08 1:05.08 1:05.81 1:09.88 Coach Split 15.99 14.90 16.32 14.53 61.74 1:01.74 1:03.06	Apr 15 0 Henry Sand Peyton Step Jacob Klier Joe Crowley Carlisle Pella Mt Ayr May 15 Di Joe Crowley Josh Haged Peyton Step Henry Sand Carlisle	Chariton lers (11th) chens 10th 12th y 10th 1st place 1st 2nd 3rd strict Meet y 10th dorn 11th chens 10th lers (11th) 1st place	Coach Split 16.13 15.10 16.66 15.09 1:02.74 1:03.66 01:09.1 Coach Split 15.53 15.18 15.59 14.20 1:00.50	Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle Ballard North Polk May 22-24 S Joe Crowley Josh Hagedd Peyton Stepl Henry Sande Carlisle	10th orn 11th hens 10th ers 11th 1st place 1st 2nd 3rd State Prelims 10th orn 11th hens 10th ers (11th) 13th place 2 Heats	16.08 16.69 17.31 15.10 1:05.18 1:03.62 1:05.64	Joe Crowley 1 Jacob Klier 12 Peyton Steph Josh Hagedor Carlisle Earlham Carlisle Winterset State 3A Fina	Vinterset 10th 2th lens 10th rn 11th 2nd place 1st 2nd 3rd 3rd

	Page 2				2	014 Car	lisle Bo	sle Boys Outdoor Track Summary > 4 x 200 Relay									Apr-May 2014		
	Coach Split	Mar 29 Si	mpson	Coach Split	Apr 9 Al		Coach Split	Apr 10	Indianola	Coach Split	Apr 15 C	hariton	Coach Split	Apr 22	Ballard	Coach Split	Apr 25 W	interset	
	23.87	Chase Shanah	nan 10th	24.05	Luke Murray	12th	23.96	Chase Sha	nahan 10th	26.36	Danil Pesttri	kov 12th	25.54	Chase Shan	ahan 10th	23.98	Chase Shanah	an 10th	
	23.94	Nathan Gerlad	ch 11th	25.39	Noah Smith	11th	23.65	Noah Smith	n 11th	24.19	Noah Smith	11th	23.92	Kire Seskis 10th		26.40	Kire Seskis 10th		
	25.23	Kire Seskis 10)th	25.08	Chase Shana	ahan 10th	24.41	Nathan Ge	rlach 11th	23.72	Nathan Gerl	ach 11th	23.81	Noah Smith 11th		23.70	Dallas Wright	9th	
	24.24	Joe Crowley 1	0th	25.46 Nathan Ger		ach 11th	24.19	Kire Seskis	10th	25.58	Kire Seskis	10th	23.94	Nathan Gerlach 11th		24.19	Nolan Vollsted	t 11th	
	1:37.28	Carlisle 7th	place	1:39.98	Carlisle 3rd	l place	1:36.21	Carlisle	1st place	1:39.85	Carlisle	3rd place	1:37.21	Carlisle	2nd place	1:38.26	Carlisle	3rd place	
4 x 200																			
School Record	1:30.41	WDM Dowling	g	1:34.06	DC Grimes	1st	1:36.21	Carlisle	1st	1:32.13	Albia	1st		DC-Grimes	1st	1:36.10	M St Marys	1st	
1:31.58	1:32.96	Ames	2nd		DM North	2nd	1:36.33	Indianola	2nd	1:37.76	Pella	2nd		Carlisle	2nd	1:37.18	Earlham	2nd	
2011	1:32.00	SE Polk	3rd	1:39.98	Carlisle	3rd	1:45.32	Norwalk	3rd	1:39.85	Carlisle	3rd		Ballard	3rd	1:38.26	Carlisle	3rd	
1:34.69	Coach Split	,		Coach Split	May 6 C		Coach Split	10 RRC @		Coach Split	May 15 Dis	trict Meet							
Season Best	25.01	Luke Murray 1		23.86	Chase Shan		24.48	Chase Sha	nahan 10th	24.73	Chase Shan								
Carlisle 2014	23.49	Noah Smith 11	1th	24.75	Kire Seskis 1	10th	23.38	Kire Seskis	10th	25.00	Kire Seskis	10th (DQ)							
Class 3A 2014	23.29	Henry Sanders	s 11th	23.90	Noah Smith	11th	24.70	Noah Smith	n 11th	25.74	Noah Smith	11th							
Season Best	22.90	Tyrell Erb 11th	า	24.07	Nathan Gerla	ach 11th	23.46	Nathan Ge	rlach 11th	23.11	Nathan Gerl	ach 11th							
1:30.06	1:34.69	Carlisle	3rd place	1:36.58	Carlisle	3rd place	1:36.02	Carlisle	4th place	01:38.6	Carlisle	DQ							
State Meet																	State 3A Fina	s	
	1:32.90	DC-Grimes	1st	1:35.27	Albia	1st	1:32.33	Carroll	1st	1:31.56	DC-Grimes	1st				1:30.06	Heelan S.C		
	1:34.22	Carroll	2nd	1:36.09	Saydel	2nd	1:32.92	Boone	2nd	1:34.09	Bondurant	2nd					DC-Grimes		
	1:34.69	Carlisle	3rd	1:36.58	Carlisle	3rd	1:33.20	Bond-Far	3rd	1:35.60	Knoxville	3rd				1:30.44	Solon		
	Pa	age 2		2014 Carlisle E			Boys Ou	utdoor	Track Su	mmary	/ > Di	stance	Medle	y Relay Apr-May 2014					
	Coach Split			Coach Split	Apr 9 Al		Coach Split		Indianola	Coach Split	Apr 15 C		Coach Split		Ballard	Coach Split	Apr 25 W		
	24.03	Chase Shanah	nan 10th	24.89	Danil Pesttrik	kov 12th	24.40	Peyton Ste		24.52	Nathan Gerl	ach 11th	25.40	Chase Shan	ahan 10th	24.60	Chase Shanah	an 10th	
	24.71	Nathan Gerlad			1/: 01:- 4														
				23.96	Kire Seskis 1		24.05	Josh Hage		25.39	Kire Seskis		23.53	Kire Seskis 1		23.80	Kire Seskis 10	h	
	55.68	Joe Crowley 1	0th	23.96 58.02	Trevor Cara	11th	61.71	Kire Seskis	10th	25.39 56.36	Peyton Step	hens 10th	55.56	Brian Robert	tson 10th		JJ Orput 9th		
	2:19.29	Joe Crowley 1 Luke Sinclair 1	0th 10th	58.02 2:19.31	Trevor Cara Luke Sinclair	11th r 10th	61.71 2:20.82	Kire Seskis Trevor Car	10th a 11th	25.39 56.36 2:30.77	Peyton Step Luke Sinclai	hens 10th r 10th	55.56 2:22.74	Brian Robert Trevor Cara	tson 10th 11th	23.80 1:02.14 2:38.49	JJ Orput 9th Max Becker 1	th	
		Joe Crowley 1	0th	58.02 2:19.31	Trevor Cara	11th	61.71	Kire Seskis	10th	25.39 56.36 2:30.77	Peyton Step	hens 10th	55.56	Brian Robert	tson 10th	23.80 1:02.14	JJ Orput 9th		
1600 Medley	2:19.29 4:03.71	Joe Crowley 1 Luke Sinclair 1 Carlisle	0th 10th 7th place	58.02 2:19.31 4:06.18	Trevor Cara Luke Sinclair Carlisle	11th 10th 4th place	61.71 2:20.82 4:11.08	Kire Seskis Trevor Car Carlisle	10th a 11th	25.39 56.36 2:30.77 4:17.04	Peyton Step Luke Sinclai Carlisle	hens 10th r 10th 5th	55.56 2:22.74 4:07.23	Brian Robert Trevor Cara Carlisle	tson 10th 11th 6th place	23.80 1:02.14 2:38.49 4:29.03	JJ Orput 9th Max Becker 1	th 4th place	
School Record	2:19.29 4:03.71 3:37.83	Joe Crowley 1 Luke Sinclair 1 Carlisle Ames	0th 10th 7th place	58.02 2:19.31 4:06.18	Trevor Cara Luke Sinclair Carlisle DC-Grimes	11th 10th 4th place	61.71 2:20.82 4:11.08 4:01.64	Kire Seskis Trevor Carl Carlisle Indianola	10th a 11th 3rd palce 1st	25.39 56.36 2:30.77 4:17.04	Peyton Step Luke Sinclai Carlisle Mount Ayr	hens 10th r 10th 5th 1st	55.56 2:22.74 4:07.23 3:45.81	Brian Robert Trevor Cara Carlisle ADM Adel	tson 10th 11th 6th place 1st	23.80 1:02.14 2:38.49 4:29.03	JJ Orput 9th Max Becker 11 Carlisle Earlham	th 4th place 1st	
School Record 03:40.5	2:19.29 4:03.71 3:37.83 3:45.01	Joe Crowley 1 Luke Sinclair 1 Carlisle Ames DM Roosevel	0th 10th 7th place 1st	58.02 2:19.31 4:06.18 3:47.42 3:55.94	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North	11th 10th 4th place 1st 2nd	61.71 2:20.82 4:11.08 4:01.64 4:09.35	Kire Seskis Trevor Car Carlisle Indianola Norwalk	10th a 11th 3rd palce 1st 2nd	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia	hens 10th r 10th 5th 1st 2nd	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14	Luke Sinclair 1 Carlisle Ames DM Roosevel WDM Dowling	0th 10th 7th place 1st t	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel	11th r 10th 4th place 1st 2nd 3rd	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08	Trevor Carlisle Indianola Norwalk Carlisle	10th a 11th 3rd palce 1st 2nd 3rd	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella	10th 5th 1st 2nd 3rd	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel	tson 10th 11th 6th place 1st	23.80 1:02.14 2:38.49 4:29.03	JJ Orput 9th Max Becker 11 Carlisle Earlham	th 4th place 1st	
School Record 03:40.5 2001 3:56.58	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split	Luke Sinclair 1 Carlisle Ames DM Roosevel WDM Dowling May 2 D	0th 10th 7th place 1st t	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 0	11th r 10th 4th place 1st 2nd 3rd Chariton	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @	10th a 11th 3rd palce 1st 2nd 3rd Adel	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis	hens 10th r 10th 5th 1st 2nd 3rd strict Meet	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001 3:56.58 Season Best	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44	Ames DM Roosevel WDM Dowling May 2 C Chase Shanal	0th 10th 7th place 1st t 9 0C-G nan 10th	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste	11th 110th 4th place 1st 2nd 3rd Chariton edt 11th	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15	Kire Seskis Trevor Car Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan	nens 10th r 10th 5th 1st 2nd 3rd strict Meet ahan 10th	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98	Ames DM Roosevel WDM Dowling May 2 C Chase Shanal Brian Robertse	Oth 10th 7th place 1st t g OC-G nan 10th on 10th	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur	1st 2nd 3rd strict Meet ahan 10th k (11th)	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63	Ames DM Roosevel WDM Dowling Chase Shanal Brian Robertso Dani Pesttriko	Oth Oth Th place 1st t g OC-G nan 10th on 10th v 12th	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th a 10th ikov 12th	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert	1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th)	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014 Season Best	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63 2:15.44	Ames DM Roosevel WDM Dowling Chase Shanal Brian Roberts Dani Pesttrikor Taylor Hammo	Oth Oth Th place 1st t g OC-G man 10th on 10th v 12th ond 12th	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38 2:16.12	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik Taylor Hamn	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th nond 12th	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75 2:12.50	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr Taylor Ham	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th 10th ikov 12th	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01 2:19.77	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert Trevor Cara	nens 10th r 10th 5th 1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th) 11th	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1* Carlisle Earlham Winterset	th 4th place 1st 2nd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014 Season Best 3:29.98	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63	Ames DM Roosevel WDM Dowling Chase Shanal Brian Robertso Dani Pesttriko	Oth Oth Th place 1st t g OC-G nan 10th on 10th v 12th	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th a 10th ikov 12th	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert Trevor Cara	1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th)	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18	JJ Orput 9th Max Becker 1 Carlisle Earlham Winterset M St Marys	th 4th place 1st 2nd 3rd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014 Season Best	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63 2:15.44 4:01.49	Ames DM Roosevel WDM Dowling Chase Shanal Brian Robertsc Dani Pesttriko Taylor Hammo Carlisle	Oth Oth Oth Tth place 1st t g OC-G nan 10th on 10th v 12th ond 12th 5th place	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38 2:16.12 4:00.51	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik Taylor Hamn Carlisle	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th nond 12th 2nd place	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75 2:12.50 3:56.58	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr Taylor Ham Carlisle	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th 10th ikov 12th nmond 12th 7th place	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01 2:19.77 4:04.63	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert Trevor Cara Carlisle	nens 10th r 10th 5th 1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th) 11th	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18 4:24.71	JJ Orput 9th Max Becker 1 Carlisle Earlham Winterset M St Marys State 3A Fina	th 4th place 1st 2nd 3rd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014 Season Best 3:29.98	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63 2:15.44 4:01.49	Joe Crowley 1 Luke Sinclair 1 Carlisle Ames DM Roosevel WDM Dowling May 2 D Chase Shanal Brian Robertsc Dani Pesttriko Taylor Hammo Carlisle Gilbert	Oth Oth Oth Th place 1st t g OC-G nan 10th on 10th v 12th ond 12th 5th place	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38 2:16.12 4:00.51	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik Taylor Hamn Carlisle Chariton	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th nond 12th 2nd place 1st	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75 2:12.50 3:56.58	Kire Seskis Trevor Carl Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr Taylor Ham Carlisle Bond-Far	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th 10th ikov 12th nmond 12th 7th place	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01 2:19.77 4:04.63	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert Trevor Cara Carlisle DC-Grimes	nens 10th r 10th 5th 1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th) 11th Ith	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18 4:24.71	JJ Orput 9th Max Becker 11 Carlisle Earlham Winterset M St Marys State 3A Fina Algona	th 4th place 1st 2nd 3rd	
School Record 03:40.5 2001 3:56.58 Season Best Carlisle 2014 Class 3A 2014 Season Best 3:29.98	2:19.29 4:03.71 3:37.83 3:45.01 3:45.14 Coach Split 24.44 23.98 57.63 2:15.44 4:01.49 3:46.70 3:52.79	Ames DM Roosevel WDM Dowling Chase Shanal Brian Robertsc Dani Pesttriko Taylor Hammo Carlisle	Oth Oth Oth Tth place 1st t g OC-G nan 10th on 10th v 12th ond 12th 5th place	58.02 2:19.31 4:06.18 3:47.42 3:55.94 4:02.52 Coach Split 24.68 23.33 56.38 2:16.12 4:00.51	Trevor Cara Luke Sinclair Carlisle DC-Grimes DM North ADM Adel May 6 C Nolan Vollste Dallas Wrigh Danil Pesttrik Taylor Hamn Carlisle	11th 10th 4th place 1st 2nd 3rd Chariton edt 11th tt 9th kov 12th nond 12th 2nd place	61.71 2:20.82 4:11.08 4:01.64 4:09.35 4:11.08 Coach Split 24.15 23.19 56.75 2:12.50 3:56.58	Kire Seskis Trevor Car Carlisle Indianola Norwalk Carlisle 10 RRC @ Chase Sha Kire Seskis Danil Pestr Taylor Han Carlisle Bond-Far Perry	10th a 11th 3rd palce 1st 2nd 3rd Adel nahan 10th 10th ikov 12th nmond 12th 7th place	25.39 56.36 2:30.77 4:17.04 3:39.77 3:41.58 3:53.34 Coach Split 25.49 23.36 56.01 2:19.77 4:04.63	Peyton Step Luke Sinclai Carlisle Mount Ayr Albia Pella May 15 Dis Chase Shan Brayden Bur Brian Robert Trevor Cara Carlisle DC-Grimes ADM Adel	nens 10th r 10th 5th 1st 2nd 3rd strict Meet ahan 10th k (11th) tson (10th) 11th	55.56 2:22.74 4:07.23 3:45.81 3:53.20	Brian Robert Trevor Cara Carlisle ADM Adel Nevada	tson 10th 11th 6th place 1st 2nd	23.80 1:02.14 2:38.49 4:29.03 3:53.81 4:11.18 4:24.71	JJ Orput 9th Max Becker 1 Carlisle Earlham Winterset M St Marys State 3A Fina	th 4th place 1st 2nd 3rd	

	Pa	age 3		201	4 Carlis	sle Bo	ys Outo	loor Tra	ck Sum	mary	> 4 x	100 Re	lay			Apr-May 2014		
	Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM	Adel	Coach Split	Apr 10	Indianola	Coach Split	Apr 15	Chariton	Coach Split	Apr 22	Ballard	Coach Split	Drake R	elays	
		Chase Shanahan 10th	12.12	Luke Murray 12t	th	11.24	Luke Murra	y 12th	12.10	Luke Murra	ay 12th	11.98	Luke Murray	12th	11.32	Luke Murray - 9	97	
	DQ	Nathan Gerlach 11th	11.39	Noah Smith 11th		11.30	Noah Smith		11.25	Noah Smit		10.39	Noah Smith		11.24	Noah Smith - 1		
		Kire Seskis 10th	11.78 11.52	Chase Shanaha		11.31	Nathan Ge		11.51	Nathan Ge	erlach 11th	11.04	Nathan Gerla		10.44	Nathan Gerlach		
		Josh Hagedorn 11th		Nathan Gerlach	11th	11.41	Tyrell Erb 1	1th	10.95	Tyrell Erb	11th	11.28	Tyrell Erb 11	th	11.42	Tyrell Erb - 110)	
-		Carlisle DQ	46.81	Carlisle 5	th place	45.26	Carlisle	3rd place	45.81	Carlisle	1st place	44.69	Carlisle	2nd place	44.42	Carlisle	35th	
4 x 100																3A Schools pla	aced	
School Record	44.04	WDM Dowling	44.84	DC-Grimes	1st	44.86	Knoxville	1st	45.81	Carlisle	1st	44.39	DC-Grimes	1st	43.58	SC Heelan	11th	
44.07	44.71	WDM Valley	44.96	DM North	2nd	45.21	Norwalk	2nd	46.06	Mt Ayr	2nd	44.69	Carlisle	2nd	43.86	Solon	17th	
2011	45.17	Ames 3rd	46.15	Norwalk	3rd	45.26	Carlisle	3rd	46.31	Albia	3rd	45.80	Nevada	3rd	44.00	Sgt Bluff	24th	
44.42	Coach Split	Apr 25 Winterset	Coach Split	May 2 DC		Coach Split		Chariton	Coach Split	10 RRC @		Coach Split		istrict Meet		May 24 Sta	te Finals	
Season Best	11.59	Chase Shanahan 10th	12.18	Luke Murray 12t		11.56	Luke Murra	,	12.54	Luke Murra	,	12.31	Luke Murray					
Carlisle 2014	11.78	Kire Seskis 10th	11.91	Noah Smith 11th		11.12	Noah Smith		10.84	Noah Smit		11.63	Noah Smith					
Class 3A 2014	11.31	Josh Hagedorn 11th	10.77	Nathan Gerlach		11.21	Nathan Ge		10.69	Nathan Ge		10.56	Nathan Gerla					
Season Best	11.57	Andrew Smith 11th	11.85	Kire Seskis 10th	1	10.83	Tyrell Erb 1	1th	11.27	Grant Tice		11.17	Grant Tice 1	0th				
43.23	46.25	Carlisle 2nd place	46.71	Carlisle 5	th place	44.72	Carlisle	2nd place	45.34	Carlisle	3rd place	45.67	Carlisle	3rd place				
State Meet																State 3A Final	s	
	46.20	M St Marys 1st	44.39	DC-Grimes	1st	44.46	Albia	1st	44.65	Boone	1st	44.16	DC-Grimes	1st	43.23	DC-Grimes		
	46.25	Carlisle 2nd	45.39	Carroll	2nd	44.72	Carlisle	2nd	45.10	B-F	2nd	44.82	Bondurant	2nd	43.28	Solon		
	46.39	Earlham 3rd	46.20	Gilbert	3rd	47.21	C. Decatur		45.34	Carlisle	3rd	45.67	Carlisle	3rd	43.63	Williamsburg		
	Pa	age 3	2014 Carlis			sle Bo	ys Outo	loor Tra	ck Sum	mary	> 4 x	400 Re	0 Relay			Apr-May 2014		
	Coach Split	Mar 29 Simpson	Coach Split	Apr 9 ADM	Adel	Coach Split	Apr 10	Indianola	Coach Split	Apr 15	Chariton	Coach Split	Apr 22	Ballard	Coach Split	<u> </u>		
	52.44	Henry Sanders 11th	55.30	Nolan Vollstedt	11th	55.00	Nolan Volls	tedt 11th	58.01	Danil Pest	trikov 12th	55.21	Nolan Vollste	edt 11th	54.47	Nolan Vollstedt	: 11th	
	56.06	Peyton Stevens 10th	55.38	Brian Robertson	n 10th	54.41	Joe Crowle	y 10th	56.22	Nolan Vollstedt 11th		53.65	Joe Crowley 10th		59.70	Braden Burk 11th		
	55.83	Noah Smith 11th	56.85	Peyton Stephen	s 10th	56.28	Peyton Ste	phens 10th	55.22	Joe Crowley 10th		54.84	Peyton Stephens 10th		61.18	Dallas Wright 9th		
	52.32	Tyrell Erb 11th	56.98	Joe Crowley 10t	th	56.11	Brian Robe	rtson 10th	55.71	Peyton Stephens 10th		60.17	Brian Robertson 10th		62.25	Luke Sinclair 10th		
	3:36.65	Carlisle 3rd place	3:44.51	Carlisle 2	nd place	3:41.89	Carlisle	3rd place	3:45.16	Carlisle	4th place	3:43.87	Carlisle	5th place	3:57.60	Carlisle	3rd place	
4 x 400					-			-									•	
School Record	3:30.92	Ames 1st	3:42.82	Van Meter	1st	3:32.06	Knoxville	1st	3:27.74	Albia	1st	3:35.15	Creston	1st	3:43.93	Earlham	1st	
3:28.93	3:33.29	DM Roosevelt	3:44.51	Carlisle			Indianola	2nd	3:28.35	Mt Ayr	2nd	3:35.72	Ballard	2nd	3:44.88	Winterset	2nd	
1986	3:36.65	Carlisle 3rd	3:46.37	Winterset	3rd	3:41.89	Carlisle	3rd	3:43.91	Pella	3rd	3:41.99	North Polk	3rd	3:57.60	Carlisle	3rd	
3:25.06	Coach Split	May 2 DC-G	Coach Split	May 6 Cha	riton	Coach Split	10 RRC @	Adel	Coach Split	May 15 D	District Meet	Coach Split	May 22-24 S	State Prelims	Coach Split	May 24 Sta	te Finals	
New School	53.71	Henry Sanders 11th	54.12	Nolan Vollstedt	11th	52.88	Nolan Volls	tedt 11th	51.94	Henry San	ders 11th	50.84	Henry Sande	ers 11th	50.99	Henry Sanders	11th	
Record 2014	54.33	Joe Crowley 10th	54.74	Joe Crowley 10t	th	54.51	Joe Crowle	y 10th	53.21	Joe Crowle	ey 10th	51.92	Joe Crowley	10th	51.55	Joe Crowley 10	Oth	
Class 3A 2014	54.56	Nolan Vollstedt 11th	56.85	Peyton Stephen	s 10th	58.69	Josh Hage	dorn 11th	52.87	Nolan Volls	stedt 11th	52.39	Nolan Vollste	edt 11th	53.29	Nolan Vollstedt	: 11th	
Best Time	51.50	Tyrell Erb 11th	58.97	Trevor Cara 11t	h	59.01	Peyton Ste	phens 10th	50.53	Tyrell Erb	11th	49.87	Tyrell Erb 11	th	50.15	Tyrell Erb 11th		
03:23.8	3:34.10	Carlisle 3rd place	3:44.68	Carlisle 2	nd place	3:45.09	Carlisle	6th	3:28.55	Carlisle	1st place	3:25.06	Carlisle	3rd place	3:25.98	Carlisle	4th place	
State Meet														2 Heats		State 3A Finals	S	
	3:33.00	Gilbert 1st	3:32.39	Albia	1st	3:33.60	Carroll	1st	3:28.55	Carlisle	1st	3:23.10	Algona	1st	3:23.79	Center Point	1st	
	3:33.65	North Polk 2nd	3:44.66	Carlisle	2nd	3:33.98	Boone	2nd	3:32.53	DC-Grime	s 2nd	3:24.02	Heelan SC	2nd		Heelan SC	2nd	
	3:34.10	Carlisle 3rd	3:57.30	Chariton	3rd	3:35.12	Ballard	3rd	3:33.93	Bonduran	t 3rd	3:25.06	Carlisle	3rd	3:25.76	Algona	3rd	
					•													