

Carlisle Outdoor Track		1	2	3	4	5	6	7	8	9	10	11	12	13	2016 Class 3A State Meet Winners	
2016 Season Page 1 Individual Field Events Mar-Apr-May 2016		430-Mar 22 Simpson FAT	430-Mar 29 Nev @ Gilbert FAT	430-Apr 1 Winterset FAT (adj)	430 Apr 5 Adel @ V.M. FAT (adj)	430 Apr 11 Norwalk FAT	430 Apr 14 Ames HS FAT	500-Apr 19 Huxley FAT (adj)	430-Apr 26 Carlisle FAT	430-Apr 28 DC-Grimes FAT	Apr 28-30 Drake Relays FAT	500-May 5 Bondurant FAT	1000-May 7 Conf. Bond. FAT	300-May 12 TBD FAT	State 60-11.50 Wirfs of Mt. Vernon	Carlisle Qualifiers
Meet 1st Place >		50-05.00	43-10.00	51-09.00	48-10.00	48-05.00	52-01.50	43-06.50	49-07.00	43-02.50		53-08.00	49-09.50	44-08.00		
Shot Put Carlisle Record 57-07.00 C.Asher '68	Kallen Glawe (10)	34-10.50 (22)			37-08.00 (7)	36-01.00 (11)		41-10.75 (03)	39-04.00 (16)	40-02.50 (06)	no qualifiers		40-00.00 (07)	40-07.00 (07)	41-10.75 Huxley	No State
	Cooper Schettler (10)	35-09.00 (19)	37-10.00 (06)	37-09.00 (13)	40-05.00 (4)	36-10.00 (09)	38-02.25 (17)	39-01 (DNP)	38-05.00 (25)	39-02.50 (09)			38-06.00 (09)	37-01.50 (09)	40-05.00 Adel/Van Meter	Qualifier
	Ben Jones (10)											39-03.25 (07)			39-03.25 Bondurant	
	Andrew Hill (12)	35-06.75 (20)	37-07.00 (08)	36-07.50 (16)	36-11.00 (9)		37-09.00 (18)		35-07.00 (32)						37-09.00 Ames	Gray Area Season
	Romello Gray (9)											37-01.50 (09)			37-01.50 Bondurant	Best
Nathan Ramirez (10)			33-07.50 (22)											33-07.50 Winterset		
															State 185-09 Wirfs of Mt. Vernon	No State Qualifier
Discus Carlisle Record 177-11.50 K.Fogle '01	Meet 1st Place >	145-05	127-08	141-02	147-06	141-07	158-01	123-08	156-10	145-09		141-05	144-08	130-07		
	Andrew Hill (12)	114-03 (12)	115-10 (05)	114-11 (04)	111-11 (05)	121-02 (04)	116-05 (13)	(ND (DNP))	127-08 (05)	120-03 (03)	no qualifiers		117-10 (08)	118-00 (03)	127-08 Carlisle	
	Kallen Glawe (10)	108-10 (15)	106-02 (08)	112-10 (07)	109-11 (06)	115-00 (07)	113-01 (18)	117-09 (04T)	112-05 (11)	103-10 (08)			120-11 (07)	117-01 (04)	120-11 Conference	Gray Area Season
	Cooper Schettler (10)	102-10 (18)			95-06 (17)				101-06 (27)						102-10 Simpson	Best
	Ben Jones (10)			102-00 (14)									102-06 (10)		102-06 Bondurant	
Aaron Dykstra (9)												86-08 (13)		'86-08 Bondurant		
High Jump Carlisle Record 6-07.50 B.Betterton '91	Meet 1st Place >	6-04.00	5-10.00	5-10.00	6-00.00	5-10.00	6-00.50	6-00.00	6-03.00	5-10.00		6-00.00	6-02.00	6-01.00	State 6-08-00 Cantrall of Spencer	State Meet A. Van Gorp 5-09.00 (20)
	Ethan Wright (10)	5-08.00 (T-5)	5-06.00 (07)	5-06.00 (06)	5-08.00 (04)	5-06.00 (07T)			5-10.00 (03)		no qualifiers				5-10.00 Carlisle	
	Adam Van Gorp (12)			5-04.00 (T-07)				5:08.00 (03)	5-06.00 (11T)	5-04.00 (07)			5-06.00 (09)	5-08.00 (02)	5-09.00 State Meet	
	Tommy Donovan (10)	5-08.00 (07)	5-06.00 (06)		5-06.00 (07)	5-06.00 (07T)	5-08.50 (06)								5-08.50 Ames	Gray Area Season
	Dane Wright (10)							5:08.00 (05)	5-06.00 (11T)	5-06.00 (05)			5-06.00 (05T)	5-06.00 (06)	5-08.00 Huxley	Best
	Jacob Howat (11)	5-04.00 (10)			5-04.00 (08)		(NH)						5-04.00 (09)		5-04.00 Simpson	
Josh Black (11)												NH				
Long Jump Carlisle Record 22-09.50 D.Taylor '06	Meet 1st Place >	20-10.50	20-02.75	20-06.50	20-06.00	20-08.00	21-11.50	20-01.50	20-08.50	18-07.00		20-06.25	21-01.00	20-09.50	State 22-00.50 Van Sant of Pella	No State Qualifier
	Max Goodhue (10)	19-10.50 (04)	19-03.00 (06)	20-02.50 (02)	19-04.00 (06)				20-08.50 (01)		no qualifiers	no entries	21-01.00 (01)	19-11.00 (04)	21-01.00 Conference	
	Dallas Wright (11)			18-08.00 (08)	20-00.25 (03)				19-08.00 (X)						20-00.25 Adel/Van Meter	Gray Area Season
	Kire Seskis (12)	19-11.75 (03)	16-10.25 (12)		18-06.50 (09)		17-11.50 (17)	17-07.00 (06)	19-08.50 (07)				19-00.25 (11)	17-05.00 (08)	19-11.75 Simpson	Best
	Brian Robertson (12)	18-11.50 (09)					DNS								18-11.50 Simpson	
	Ben Rowray (10)					17-08.00 (14)									17-08.00 Norwalk	
Nate Mortimer (10)					17-01.00 (15)									17-01.00 Norwalk		

Carlisle Outdoor Track 2016 Season Page 2 Individual Field Events Mar-Apr-May 2016		1	2	3	4	5	6	7	8	9	10	11	12	13	2016 Class 3A State Meet Winners	
		430-Mar 22 Simpson FAT	430-Mar 29 Nev @ Gilbert FAT	430-Apr 1 Winterset FAT (adj)	430 Apr 5 Adel @ V.M. FAT (adj)	430 Apr 11 Norwalk FAT	430 Apr 14 Ames HS FAT	500-Apr 19 Huxley FAT (adj)	430-Apr 26 Carlisle FAT	430-Apr 28 DC-Grimes FAT	Apr 28-30 Drake Relays FAT	500-May 5 Bondurant FAT	1000-May 7 Conf. Bond. FAT	300-May 12 TBD FAT	State 11.02 Hicks of Boone	Carlisle Qualifiers
Meet 1st Place >		11.44	11.53	11.24 (adj)	11:45 (FAT)	11.34	11.07	11.54	11.49	11.67		11.79	11.18	11.12		
100 Meters Carlisle Record 10.85 J.Gonzalez '07	Peyton Stephens (12)				11:21 (01)	11.34 (01)			11.57 (02)		no qualifiers		11.36 (02)	11.46 (05)	11.21 Adel/Van Meter	No State
	Nate Mortimer (10)		12.59 (10)			11.43 (03)	11.81 (16)		11.72 (03)				11.67 (06)	11.66 (07)	11.43 Norwalk	Qualifier
	Gabe McCaughey (11)	12.06 (12)		11.74 (05)	12.62 (09)						11.82 (04)				11.74 Winterset	
	Brian Robertson (12)			11.94 (07)					11.92 (05)						11.92 Huxley	Gray Area
	Ben Rowray (10)										11.99 (05)				11.99 DC-Grimes	Season
	Kire Seskis (12)						12.06 (18)	12.28 (DNP)					12.38 (08T)		12.06 Ames	Best
	Ethan Wright (10)	12.09 (14)	12.64 (11)												12.09 Simpson	
	Anethon Thiravong (11)												12.55 (13)		12.55 Bondurant	
Meet 1st Place >		15.23	16.47	14.94 (adj)	15.33 (adj)	15.03	14.87	15.20	15.03	15.85		15.91	14.59	14.98	State 14.42 Reed of Boone	State Meet Dallas Wright 14.96 (06)
110 Hurdles Carlisle Record 13.74 B.Betterton '91	Dallas Wright (11)	15.89 (05)		15.54 (02)	15.47 (02)	15.25 (02)	15.26 (03)	15.20 (01)	15.34 (03)		no qualifiers		15.09 (03)	15.17 (02)	14.96 State Meet Finals	
	Drew Black (11)	16.67 (07)	17.21 (05)	16.44 (04)	16.14 (03)		15.95 (09)	15.72 (03)	16.26 (05)	16.26 (02)		15.91 (01)	15.43 (04)	15.76 (04)	15.43 Conference Meet	
	Max Goodhue (10)		16.99 (03)												16.99 Nevada/Gilbert	Drew Black
	Brandon Tukes (11)					17.14 (08)									17.14 Norwalk	15.88
	Nolan Brunsen (09)												17.18 (02)		17.18 Bondurant	Prelims
Meet 1st Place >		23.31	23.05	23.44 (adj)	23.73 (adj)	22.78	21.53	23.62	22.93	23.60		23.26	21.86	22.85	State 21.86 Hicks of Boone	No State Qualifier
200 Meters Carlisle Record 22.33 J. Gonzalez '08	Peyton Stephens (12)	23.55 (02)	24.08 (04)		23.75 (02)		23.99 (09)		23.54 (04)		no qualifiers		23.30 (06)	23.81 (04)	23.30 Conference Meet	
	Brian Robertson (12)			scratch		23.58 (3)			24.00 (06)				Injury		23.58 Norwalk	Gray Area
	Dallas Wright (11)									23.60 (01)					23.60 DC-Grimes	Season
	Ethan Wright (10)								23.88 (02)						23.88 Huxley	Best
	Nate Mortimer (10)	24.86 (11)												24.11 (05)	24.11 District/Winterset	
	Ben Rowray (10)			24.94 (07)									24.24 (04)		24.24 Bondurant	
	Cole Henderson (10)					24.66 (08)									24.66 Norwalk	
	Gabe McCaughey (11)									24.73 (09)					24.73 DC-Grimes	
	Joe Crowley (12)							24.75 (DNP)							24.75 Huxley	
	Jacob Howat (11)												25.03 (09)		25.03 Bondurant	
	Brandon Tukes (11)		25.23 (10)												25.23 Nevada/Gilbert	
Meet 1st Place >		54.29	58.34	56.84 (adj)	57.00 (adj)	57.96	55.67	57.27	56.83	58.01		56.40	57.24	55.02	State 53.06 Frost of Center Pt Urbana	State Meet Dallas Wright 55.21 (08)
400 Hurdles Carlisle Record P.Camp '92 54.16	Dallas Wright (11)	58.34 (05)	58.34 (01)		57.51 (2)	scratch	56.87 (04)		56.83 (01)		no qualifiers		57.46 (02)	55.90 (02)	55.21 State Meet Finals	
	Nic Baack (10)		1:01.71 (08)			59.07 (03)	1:01.41 (15)	1:03.06 (05)		1:01.96 (03)					59.07 Norwalk	
	Nolan Brunsen (9)			1:03.74 (08)				1:03.21 (06)	1:04.58 (14)				1:02.06 (06)	1:01.31 (09)	61.31 District/Winterset	Gray Area
	Max Goodhue (10)	1:01:99 (13)		1:01.34 (04)	1:01.41 (3)										61.34 Winterset	Season
	Trenton Beck (9)											1:06.94 (13)			66.94 Bondurant	Best

Carlisle Outdoor Track 2016 Season Page 3 Individual Field Events Mar-Apr-May 2016		1	2	3	4	5	6	7	8	9	10	11	12	13	2016 Class 3A State Meet Winners		
		430-Mar 22 Simpson	430-Mar 29 Nev @ Gilbert	430-Apr 1 Winterset	430 Apr 5 Adel @ V.M.	430 Apr 11 Norwalk	430 Apr 14 Ames HS	500-Apr 19 Huxley	430-Apr 26 Carlisle	430-Apr 28 DC-Grimes	Apr 28-30 Drake Relays	5:00-May 5 Bondurant	10:00-May 7 Conf. Bond.	300-May 12 TBD	State 49.02		Carlisle Qualifiers
		FAT	FAT	FAT (adj)	FAT (adj)	FAT	FAT	FAT (adj)	FAT	FAT	FAT	FAT	FAT	FAT	Frost of Center Pt Urbana		
		Meet 1st Place >	50.71	54.05	53.14 (adj)	51.54 (adj)	52.43	51.40	52.14	50.38	53.39		52.72	51.61	51.43	State 49.02	
400 meters Carlisle Record 49.36 B.Betterton '91	Max Goodhue (10)							53.91 (07)		no qualifiers	53.10 (02)	53.82 (04)	53.08 (05)	53.08 District/Winterset	No State		
	Ben Rowray (10)							54.31 (06)						54.31 Huxley	Qualifier		
	Joe Crowley (12)				54.61 (5)									54.61 ADM/Van Meter			
	Nic Baack (10)			56.14 (04)		54.73 (04)								54.73 Norwalk	Gray Area		
	Adam Van Gorp (12)		56.56 (04)		55.32 (7)		54.78 (10)		55.25 (11)					54.78 Ames	Season		
	Kacyn Pickering (10)						55.37 (13)			56.63 (07)		55.70 (08)	55.82 (09)	55.37 Ames	Best		
	Cole Henderson (10)	56.03 (10)	56.73 (06)							57.05 (09)				56.03 Simpson			
	Dane Wright (10)	56.19 (12)							59.48 (DNP)					56.19 Simpson			
	Riley Derrickson (10)			59.54 (11)		57.24 (10)								57.24 Norwalk			
Meet 1st Place >														State 1:56.27		No State	
		2:05.27	2:14.29	2:09.84 (adj)	2:06.97 (adj)	2:06.13	1:56.66	2:09.69	2:03.01	2:08.68		2:07.78	2:06.70	2:04.05	Gatrot of Center Pt Urbana		Qualifier
800 Meter Run Carlisle Record 2:00:11 J.Grandstaff '99	JJ Orput (11)	2:09.55 (05)		2:09.84 (01)	2:08.98 (2)						no qualifiers		2:11.00 (06)		2:08.98 ADM/Van Meter		
	Ben Rowray (10)					2:12.88 (07)				2:08.99 (02)			2:09.78 (05)		2:08.99 DC-Grimes	Gray Area	
	Riley Derrickson (10)					2:19.19 (11)		2:10.97 (03)	2:13.86 (06)						2:10.97 Huxley	Season	
	Nic Baack (10)	2:14.90 (07)			2:11.26 (3)				2:20.33 (15)					2:11.18 (05)	2:11.18 District/Winterset	Best	
	Luke Sinclair (12)													2:11.80 (06)	2:11.80 District/Winterset		
	Cutlar Palar (10)							2:16.98 (06)							2:16.98 Huxley		
	Joe Crowley (12)		2:20.55 (04)												2:20.55 Nevada/Gilbert		
	Ethan Reed (9)									2:24.12 (12)					2:24.12 DC-Grimes		
	Mark Hubbell (10)		2:31.09 (11)									2:26.20 (10)			2:26.20 Bondurant		
Carter Logue (9)		2:31.09 (11)												2:31.09 Nevada/Gilbert			
Meet 1st Place >														State 4:29.89		State Meet	
		4:22.83	4:41.63	4:57:54 adj	4:46.19 adj	4:43.21	4:21.97	4:49.37	4:04.36	4:49.55	4:14.65	4:45.40	4:49.01	4:44.16	Bach of Marion		JJ Orput 4:44.60 (14)
1600 Meter Run Carlisle Record 4:28.69 JJ Orput 2016	J.J. Orput (11)		4:51.76 (02)			4:43.21 (01)	4:28.69 (04)		4:46.36 (01)		4:30.14		4:49.01 (01)	4:44.16 (01)	4:28.69 Ames		
	Carter Logue (9)	5:11.81 (18)	5:20.04 (07)		5:07.86 (7)		5:02.35 (15)		5:08.98 (11)		Finished 14		5:05.00 (08)	5:09.42 (07)	5:02.35 Ames		
	Luke Sinclair (12)			5:10.54 (04)	5:06.79 (6)				5:02.47 (03)		5:05.28 (08)	out of 21			5:02.47 ADM/Van Meter	Gray Area	
	Zach Willcox (9)										5:17.30 (12)	4:14.65 1st	5:09.13 (06)		5:09.13 Bondurant	Season	
	Jonathan Flaws (9)	5:31.45 (21)						5:17.71 (06)				4:16.02 2nd	5:14.61 (07)		5:14.61 Bondurant	Best	
	Josh Felger (11)			5:19.04 (08)		5:22.46 (12)						4:20.73 3rd			5:19.04 Winterset		
Meet 1st Place >														State 9:38.36		State Meet	
		9:38.92	10:48.05	10:24.94 adj	10:33.49 adj	10:03.00	10:04.16	10:45.31	10:36.86	10:28.59		10:41.47	10:33.07	10:16.39	Bach of Marion		JJ Orput 9:58.23 (5)
3200 Meter Run Carlisle Record 9:56.08 T.Owens '95	J.J. Orput (11)	10:15.84 (05)		10:24.94 (01)	10:33.49 (1)				10:13.86 (01)		no qualifiers	no entries	10:33.07 (01)	10:16.39 (01)	09:58.23 State Meet Finals		
	Luke Sinclair (12)					11:11.95 (09)	10:57.28 (08)		10:38.14 (04)				10:55.81 (03)	10:36.19 (04)	10:36.19 District/Winterset		
	Carter Logue (9)					11:13.20 (10)		11:18.40 (03)		11:10.42 (04)					11:10.42 DC-Grimes	Gray Area	
	Josh Felger (11)	11:34.66 (17)	11:42.31 (08)		11:22.77 (7)			11:29.75 (05)		11:25.96 (07)					11:22.77 Adel/Van Meter	Season	
	Jonathon Flaws (9)		11:50.53 (10)												11:50.53 Nevada/Gilbert	Best	
		Simpson	Nev @ Gilbert	Winterset	Adel @ V.M.	Norwalk	Ames HS	Huxley	Carlisle	DC-Grimes	Drake Relays	Bondurant	Conf. Bond.	TBD			