

Page 4 Final Season Results 2016 Carlisle Boys Outdoor Track Summary > 4 x 800 Relay Mar-Apr-May 2016														
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	9 Ballard Huxley	
2:10.24	Nic Baack - 10	2:17.24	Nic Baack - 10	2:24.86	Ethan Reed - 9	2:11.68	Ben Rowray - 10	2:14.54	Cular Palar -10	2:09.30	Ben Rowray - 10	2:08.39	Nic Baack - 10	
2:15.58	Ben Rowray - 10	2:15.41	Ben Rowray - 10	2:34.76	Carter Logue - 9	2:12.58	Riley Derrickson - 10	2:20.52	Adam VanGorp -12	2:10.55	Riley Derrickson - 10	2:13.81	Cular Palar - 10	
2:20.09	Cular Palar -10	2:17.10	Riley Derrickson - 10	2:30.66	Jonathon Flaws - 9	2:11.82	Nic Baack - 10	2:27.70	Cole Henderson -10	2:15.99	Cutler Palar -10	2:10.79	Riley Derrickson - 10	
2:16.46	Riley Derrickson - 10	2:19.06	J.J. Oput -11	2:24.36	Cutler Palar -10	2:26.30	Luke Sinclair -12	2:25.60	Josh Felger -11	2:11.23	Nic Baack - 10	02:13.4	Luke Sinclair - 12	
9:02.37	Carlisle 5th	9:08.81	Carlisle 3rd	9:54.64	Carlisle 7th	9:02.34	Carlisle 2nd	9:28.36	Carlisle 6th	8:47.13	Carlisle 7th	8:46.44	Carlisle 2nd	
				FAT Adj		FAT Adj						FAT Adj		
8:43.12	Indianola "A"	8:48.47	Ankeny Centennial	8:52.04	Mt Ayr	8:36.16	DC-Grimes	8:33.39	DC-Grimes	8:08.57	Linn-Mar	8:39.40	DC-Grimes	
Season Best	8:20.93 WDM Valley "A"	8:56.01	Mason City	8:56.64	Winterset	9:02.34	Carlisle	8:48.60	Winterset	8:09.78	Valley WDM	8:46.44	Carlisle	
Carlisle Relays	8:46.25 WDM Valley "B"	9:08.81	Carlisle	9:14.84	Creston	9:42.35	Nevada	8:53.19	Grinnell	8:11.18	Ankeny Centennial	8:52.47	Ballard of Huxley	
4 x 800	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21
School Record	2:05.77	Ben Rowray - 10	2:17.17	Cutler Palar -10			2:21.40	Mark Hubbell -10	2:05.66	Ben Rowray - 10	2:07.62	Ben Rowray - 10		
8:10.60	2:10.52	Riley Derrickson - 10	2:23.84	Zach Willcox - 9			2:26.43	Seth Curry - 9	2:10.54	Riley Derrickson - 10	2:09.99	Nic Baack - 10		
1966	2:11.84	Cular Palar -10	2:23.90	Ethan Reed -9			2:27.45	Zach Philips -10	2:13.65	Cutler Palar -10	2:14.72	Cutler Palar -10		Failed to Qualify
	2:14.99	Nic Baack - 10	2:31.25	Mark Hubbell -10			2:37.41	Lucas Olson -9	2:13.87	Nic Baack - 10	2:13.50	Riley Derrickson - 10		
	8:43.12	Carlisle 5th	9:36.16	Carlisle 5th		Carlisle	9:49.99	Carlisle 7th	8:43.68	Carlisle 4th	8:45.83	Carlisle 4th		State Finals
						No Entry								
	8:26.31	Indianola "A"	8:38.11	Urbandale			8:53.26	Roland Story	8:31.90	Winterset	8:15.03	DC-Grimes	8:00.01	Mount Vernon
	8:30.39	Winterset	8:41.66	DC-Grimes			8:55.87	Nevada	8:39.98	Ballard	8:27.39	Winterset	8:03.24	Cedar Rapids Xavier
	8:32.04	Oskaloosa	8:55.06	Winterset			8:57.48	Bondurant-Farrar	8:43.03	Perry	8:29.49	Perry	8:07.31	DC-Grimes
Page 4 Final Season Results 2016 Carlisle Boys Outdoor Track Summary > Shuttle Hurdle Relay Mar-Apr-May 2016														
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	Apr 19 Ballard Huxley	
14.92	Peyton Stephens-12	14.23	Dallas Wright-11	15.26	Peyton Stephens-12	14.54	Dallas Wright-11	16.14	Brandon Tukes -11	14.96	Drew Black -11	15.28	Drew Black - 11	
15.36	Drew Black-11	16.29	Max Goodhue-10	14.99	Drew Black-11	15.38	Max Goodhue-10	14.88	Drew Black -11	15.42	Joe Crowley -12	15.57	Joe Crowley -12	
15.28	Max Goodhue-10	14.98	Drew Black-11	16.12	Max Goodhue-10	15.34	Drew Black-11	14.98	Peyton Stephens -12	14.71	Peyton Stephens-12	14.95	Peyton Stephens - 12	
15.08	Dallas Wright-11	16.16	Peyton Stephens-12	14.78	Dallas Wright-11	15.26	Peyton Stephens-12	14.14	Dallas Wright -11	13.97	Dallas Wright-11	14.63	Dallas Wright - 11	
1:00.64	Carlisle 2nd	1:01.66	Carlisle 1st	1:01.14	Carlisle 1st	1:00.52	Carlisle 1st	1:00.14	Carlisle 1st	59.06	Carlisle 4th	1:00.38	Carlisle 1st	
				FAT Adj		FAT Adj						Fat Adj		
Shuttle Hurdle	1:00.40	SE Polk "A"	1:01.06	Carlisle	1:01.14	Carlisle	1:00.52	Carlisle	1:00.14	Carlisle	57.52	Linn-Mar	1:00.38	Carlisle
57.87	1:00.64	Carlisle	1:02.03	Mason City	1:03.94	Norwalk	1:03.10	DC-Grimes	1:02.34	DC-Grimes	57.68	SE Polk	1:03.11	Ballard of Huxley
Season Best	1:00.94	WDM Valley "A"	1:02.44	Ankeny Centennial	1:04.54	Winterset	1:04.25	ADM-Adel	1:02.98	Norwalk	58.55	Iowa City High	1:03.39	DC-Grimes
State Meet														
57.64	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21
School Record	14.75	Drew Black-11	15.22	Drew Black-11	14.77	Drew Black-11	15.99	Kaycn Pickering -10	14.78	Drew Black -11	14.99	Drew Black-11	14.83	Drew Black-11
3A State Final	15.48	Joe Crowley -12	15.48	Brandon Tukes -11	15.46	Joe Crowley-12	16.06	Nolan Brunsen -9	14.88	Joe Crowley -12	15.10	Joe Crowley-12	15.04	Joe Crowley-12
5-23-15	14.74	Peyton Stephens-12	15.35	Peyton Stephens-12	14.50	Peyton Stephens-12	15.47	Brandon Tukes -11	14.38	Peyton Stephens -12	14.71	Peyton Stephens-12	14.17	Peyton Stephens-12
57.87	14.82	Dallas Wright-11	14.26	Dallas Wright-11	14.32	Dallas Wright-11	14.81	Drew Black-11	14.00	Dallas Wright -11	14.25	Dallas Wright-11	13.83	Dallas Wright-11
Carlisle	59.79	Carlisle 1st	1:00.31	Carlisle 1st	59.05	Carlisle 8/16 teams	1:02.33	Carlisle 2nd	58.36	Carlisle 1st	59.08	Carlisle 1st	57.87	Carlisle 1st
2016 State Best					56.68	top qualifier LinnMar								State Finals
	59.79	Carlisle	1:00.31	Carlisle	55.68	LinMar Finals 1st	1:00.77	Bondurant-Farrar	58.36	Carlisle	59.08	Carlisle	57.87	Carlisle
	1:03.02	Oskaloosa	1:01.46	DC-Grimes	56.37	CR Kennedy 2nd	1:02.33	Carlisle	1:00.25	Bondurant Farrar	59.69	Winterset	58.19	Glenwood
	1:05.56	Ballard	1:01.75	Urbandale	57.04	Waukee 3rd	1:02.37	ADM-Adel	1:00.55	Winterset	1:00.72	DC-Grimes	58.27	Mt Pleasant

Page 5		Final Season Results				2016 Carlisle Boys Outdoor Track Summary > 4 x 200 Relay						Mar-Apr-May 2016				
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	Apr 19 Ballard Huxley			
4x200 Relay Season Best 1:32.59 Bondurant	25.30 Nate Mortimer-10	23.26 Gabe McCaughey-11	24.67 Brandon Tukes-11	23.91 Brandon Tukes-11	24.24 Ethan Wright-10	24.46 Brandon Tukes -11	23.92 Ethan Wright-10	DQ Brian Robertson-12	24.93 Brian Robertson-12	24.56 Nate Mortimer-10	23.46 Nate Mortimer-10	24.53 Joe Crowley -12	24.63 Nate Mortimer -11	24.31 Nate Mortimer-10		
	DQ Kire Seskis-12	25.17 Kire Seskis-12	24.45 Ben Rowray - 10	26.03 Kire Seskis-12	25.91 Kire Seskis -12	24.65 Joe Crowley -12	24.93 Kacyn Pickering - 10	24.41 Adam Van Gorp-12	24.09 Dallas Wright-11	24.56 Ethan Wright-10	22.63 Cole Henderson-10	24.44 Ben Roway -10	23.63 Cole Henderson -10	23.50 Cole Henderson -10		
	1:37.40 Carlisle 6th	1:38.14 Carlisle 4th	FAT Adj	FAT	1:39.12 Carlisle 5th	1:37.37 Carlisle 10th	1:36.62 Carlisle 4th	FAT Adj	1:31.57 WDM Dowling "A"	1:33.09 Boone	1:36.54 Nevada	1:34.43 Van Meter	1:35.26 DC-Grimes	1:28.79 Linn-Mar	1:34.10 DC-Grimes	
	1:34.70 WDM Valley "A"	1:34.14 Mason City	1:36.54 Mt Ayr	1:34.71 DC-Grimes	1:35.96 Lincoln DM	1:29.39 Ames	1:35.51 Gilbert	1:35.06 SE Polk "A"	1:34.67 Fort Dodge	1:37.84 ADM (Adel)	1:36.57 Carlisle	1:37.06 Nevada	1:30.00 Cedar Rapids Prairie	1:35.84 ADM Adel		
	1:29.93	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21	
	23.94 Gabe McCaughey-11	24.59 Nathan Ramirez -10	23.56 Nate Mortimer-10	24.41 Nathan Ramirez -10	23.94 Nathan Ramirez -10	24.48		23.72 Brian Robertson -12	22.90 Nate Mortimer-10	23.94 Cole Henderson-10	24.23		24.23 Gabe McCaughey -11	Failed to Qualify		
	24.58 Ethan Wright-10	26.69 Riley Derrickson - 10	21.47 Dallas Wright - 11	23.68 Brian Robertson-12	24.23 Gabe McCaughey -11	24.15		23.84 Peyton Stephens-12	24.15 Cole Henderson-10	25.50 Adam VanGorp -12	1:36.13 Carlisle 5th	1:39.12 Carlisle 3rd	1:32.59 Carlisle 1st	1:35.14 Carlisle 6th	1:37.61 Carlisle 5th	State Finals
	24.36 Cole Henderson -10	23.97 Adam VanGorp -12	Carlisle No Entry	1:32.59 Carlisle	1:31.92 Boone	1:32.59 DC-Grimes	1:27.87 Sgt Bluff-Luton	23.25 Brian Robertson-12	23.92 Max Goodhue-10	1:37.67 Winterset	1:32.77 Bondurant-Farrar	1:33.37 Carroll	1:34.43 ADM Adel	1:28.98 Vinton-Shellsburg		
	1:36.13 Carlisle 5th	1:39.12 Carlisle 3rd	1:34.18 Bondurant-Farrar	1:39.12 Carlisle	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:29.67 Estherville-LC	1:33.83 Nevada	1:35.13 DC-Grimes	1:37.67 Winterset	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:34.85 Saydel	1:29.67 Estherville-LC		
	1:34.17 Indianola	1:37.67 Winterset	1:34.18 Bondurant-Farrar	1:39.12 Carlisle	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:29.67 Estherville-LC	1:34.17 Indianola	1:37.67 Winterset	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:34.85 Saydel	1:29.67 Estherville-LC			
1:34.18 Bondurant-Farrar	1:39.12 Carlisle	1:34.18 Bondurant-Farrar	1:39.12 Carlisle	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:29.67 Estherville-LC	1:34.18 Bondurant-Farrar	1:39.12 Carlisle	1:33.00 Nevada	1:34.06 Bondurant Farrar	1:34.85 Saydel	1:29.67 Estherville-LC				
Page 5		Final Season Results				2016 Carlisle Boys Outdoor Track Summary > Distance Medley Relay (200-200-400-800)						Mar-Apr-May 2016				
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	Apr 19 Ballard Huxley			
Distance Med 3:41.65 Season Best Ballard Relays	23.75 Gabe McCaughey-11	23.39 Ethan Wright-10	24.78 Brandon Tukes-11	24.20 Brandon Tukes-11	23.93 Ethan Wright-10	24.16 Brandon Tukes -11	22.86 Brian Robertson-12	24.05 Ben Rowray - 10	25.41 Nate Mortimer-10	24.89 Kacyn Pickering-10	23.58 Ethan Wright-10	24.46 Drew Black -11	25.09 Drew Black -11	23.92 Peyton Stephens-12		
	54.56 Riley Derrickson - 10	59.16 Dane Wright-10	55.61 Joe Crowley-12	55.23 Kacyn Pickering-10	57.92 Cutlar Palar-10	1:01.32 Nolan Brunsen -9	51.87 Dallas Wright -11	2:18.92 Cutlar Palar-10	2:23.12 Cutler Palar-10	2:16.16 Nic Baack (10)	2:17.82 Cutler Palar-10	2:22.27 Luke Sinclair - 12	2:10.62 Riley Derrickson - 10	2:03.00 JJ Orput (11)		
	4:01.28 Carlisle 6th	4:11.08 Carlisle 6th	4:01.44 Carlisle 1st	4:00.83 Carlisle 4th	4:08.58 6th Carlisle	4:01.09 Carlisle 9th	3:41.65 Carlisle 1st	FAT Adj	FAT Adj	3:49.78 WDM Valley "A"	3:49.91 Mason City	4:01.44 Carlisle	3:48.89 Winterset	3:46.15 Winterset	3:36.43 Valley WDM	3:41.65 Carlisle
	3:51.25 WDM Dowling "A"	3:55.11 Carroll	4:02.34 Earlham	3:50.79 DC-Grimes	3:50.95 Grinnell	3:37.26 Iowa City High	3:42.85 DC-Grimes	3:51.39 WDM Roosevelt "A"	4:01.11 Ballard	4:04.34 Nevada	3:56.92 Nevada	3:52.09 DC-Grimes	3:38.73 Waterloo West	3:53.70 Ballard of Huxley		
	1600 Medley School Record 3:40.54 2001	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21	
	24.34 Brandon Tukes -11	25.64 Brandon Tukes -11	23.59 Nathan Ramirez -10	24.79 Nathan Ramirez -10	24.98 Nathan Ramirez -10	24.34		23.34 Cole Henderson -10	23.84 Cole Henderson -10	24.94 Adam VanGorp -12	24.94 Adam VanGorp -12	23.78 Cole Henderson -10	23.78 Cole Henderson -10	53.72 Adam VanGorp-12	Failed to Qualify	
	54.86 Kacyn Pickering-10	57.21 Max Goodhue (10)	55.91 Riley Derrickson -10	57.10 Kacyn Pickering-10	53.72 Adam VanGorp-12	2:18.76 Luke Sinclair - 12	2:18.57 Riley Derrickson (10)	2:15.67 Cutler Palar-10	2:16.00 Riley Derrickson - 10	2:13.22 Riley Derrickson - 10	4:01.30 Carlisle 7th	4:05.26 Carlisle 3rd	4:03.20 Carlisle 6th	3:55.70 Carlisle 3rd	State Finals	
	3:50.01 Ballard	3:57.02 DC-Grimes	3:50.93 Roland Story	3:48.70 Winterset	3:44.01 DC-Grimes	3:32.71 Estherville-LC	3:32.71 Estherville-LC	3:50.59 Winterset	4:01.47 Gilbert	4:01.47 Gilbert	3:59.64 Carlisle 2nd	4:03.20 Carlisle 6th	3:55.70 Carlisle 3rd	3:33.38 Fairfield		
	3:54.83 Perry	4:05.26 Carlisle	4:03.50 Bondurant-Farrar	3:57.70 Carroll	3:55.70 Carlisle	3:36.43 Dubuque Wahlert	3:36.43 Dubuque Wahlert	3:54.83 Perry	4:05.26 Carlisle	4:03.50 Bondurant-Farrar	3:57.70 Carroll	3:55.70 Carlisle	3:36.43 Dubuque Wahlert			

Page 6		Final Season Results										2016 Carlisle Boys Outdoor Track Summary > 4 x 100 Relay										Mar-Apr-May 2016			
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	Apr 19 Ballard Huxley												
4x100 Relay 44.85 Season Best ADM Relays	11.78	Nate Mortimer-10	11.23	Gabe McCaughey-11	11.68	Gabe McCaughey-11	12.31	Nate Mortimer-10	11.38	Nate Mortimer-10	12.23	Nate Mortimer-10	11.74	Nate Mortimer-10											
	11.33	Brian Robertson-12	11.31	Brian Robertson-12	11.37	Brian Robertson-12	10.22	Brian Robertson-12	11.56	Joe Crowley -12	10.96	Brian Robertson-12	11.18	Brian Robertson-12											
	11.19	Kire Seskis-12	11.49	Kire Seskis-12	11.35	Kire Seskis-12	10.99	Kire Seskis-12	10.99	Kire Seskis -12	10.54	Kire Seskis -12	10.63	Kire Seskis -12											
	11.42	Peyton Stephens-12	11.77	Peyton Stephens-12	10.94	Peyton Stephens-12	11.33	Peyton Stephens-12	11.33	Peyton Stephens-12	11.56	Peyton Stephens-12	11.81	Peyton Stephens-12											
	45.72	Carlisle 5th	45.80	Carlisle 5th	45.34	Carlisle 1st	44.85	Carlisle 1st	54.95	Carlisle DQ	45.29	Carlisle 7th	45.28	Carlisle 1st											
					FAT Adj					FAT Adj					FAT Adj										
	43.67	WDM Dowling "A"	44.72	Ankeny Centennial	45.34	Carlisle	44.85	Carlisle	45.01	DC-Grimes	42.75	Ames	45.28	Carlisle											
	44.33	SE Polk "A"	45.31	Boone	46.14	Nevada	45.19	DC-Grimes	45.80	Nevada	42.84	Linn-Mar	45.76	Gilbert											
	45.00	Indianola "A"	45.50	Mason City	46.24	Norwalk	45.56	Nevada	45.89	Norwalk	43.11	Iowa City High	46.36	ADM											
	4 x 100 School Record 44.07 2011	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21										
11.39	Nate Mortimer-10	11.47	Nate Mortimer-10	11.33	Nate Mortimer-10	11.74	Anethon Thiravong 11	11.29	Nate Mortimer-10	11.75	Nate Mortimer-10	10.81	Nate Mortimer-10												
10.93	Brian Robertson-12	10.91	Brian Robertson-12	11.31	Brian Robertson-12	11.71	Jacob Howat -11	11.39	Cole Henderson-10	10.97	Brian Robertson-12	12.08	Brian Robertson-12												
10.78	Kire Seskis -12	11.31	Kire Seskis -12	10.28	Kire Seskis -12	11.62	Kire Seskis-12	11.45	Kire Seskis -12	10.73	Kire Seskis-12	10.84	Kire Seskis-12												
11.87	Peyton Stephens-12	11.78	Peyton Stephens-12	11.75	Peyton Stephens-12	12.06	Brandon Tukes - 11	11.20	Peyton Stephens -12	11.65	Peyton Stephens-12	11.47	Peyton Stephens-12												
44.97	Carlisle 2nd	45.47	Carlisle 2nd	44.67	Carlisle	47.13	Carlisle 5th	45.33	Carlisle 4th	45.10	Carlisle 2nd	45.20	Carlisle 22nd of 24												
														State Finals											
44.40	Nevada	44.75	DC-Grimes				44.39	Bondurant-Farrar	43.71	Boone	44.17	Green County	42.67	Boone											
44.97	Carlisle	45.47	Carlisle				44.59	Nevada	45.05	Carroll	45.10	Carlisle	42.83	Vinton-Shellsburg											
45.69	Bondurant-Farrar	46.16	Urbandale				44.71	Roland-Story	45.08	Bondurant Farrar	46.15	Winterset	43.09	Sgt Bluff-Luton											
Page 6		Final Season Results										2016 Carlisle Boys Outdoor Track Summary > 4 x 400 Relay										Mar-Apr-May 2016			
Split	Mar 22 Simpson	Split	Mar 29 Nevada Gilbert	Split	Apr 1 Winterset	Split	Apr 5 Adel Van Meter	Split	Apr 11 Norwalk	Split	Apr 14 Ames	Split	Apr 19 Ballard Huxley												
4x400 Relay 3:29.13 Season Best State Meet	55.14	Cole Henderson-10	54.81	Ben Rowray - 10	57.61	Nate Mortimer-10	53.84	Ben Rowray - 10	54.42	Peyton Stephens -12	53.95	Ben Rowray - 10	55.10	Cole Henderson -10											
	53.89	Adam VanGorp-12	57.28	Adam VanGorp -12	54.62	Adam VanGorp -12	54.84	Adam VanGorp -12	56.32	Adam VanGorp -12	54.89	Adam VanGorp -12	53.81	Adam VanGorp -12											
	56.65	Nolan Brunsen-9	57.22	Riley Derrickson - 9	58.05	Kacyn Pickering-10	56.94	Nolan Brunsen-9	54.73	Brian Roberston -12	55.09	Cole Henderson -10	56.74	Kacyn Pickering - 10											
	56.81	Dane Wright-10	58.68	Max Goodhue-10	57.56	Cole Henderson-9	56.80	Cole Henderson-9	54.62	JJ Orput -11	57.54	Joe Crowley -12	55.74	Joe Crowley -12											
	3:42.49	Carlisle 6th	3:47.99	Carlisle 3rd	3:46.74	Carlisle 3rd	3:42.42	Carlisle 4th	3:40.49	Carlisle 3rd	3:41.49	Carlisle 7th	3:41.09	Carlisle 5th											
					FAT Adj					FAT Adj					FAT Adj										
	3:26.54	Indianola "A"	3:35.58	Ankeny Centennial	3:36.14	Winterset	3:35.96	Winterset	3:31.81	DC-Grimes	3:25.49	Ames	3:37.07	DC-Grimes											
	3:31.33	WDM Dowling "A"	3:35.62	Fort Dodge	3:36.24	Mt Ayr	3:36.86	DC-Grimes	3:40.03	Lincoln DM	3:28.14	Valley WDM	3:38.88	Ballard of Huxley											
	3:32.49	WDM Valley "A"	3:47.99	Carlisle	3:46.74	Carlisle	3:41.56	ADM-Adel	3:40.49	Carlisle	3:29.30	Ankeny Centennial	3:40.10	ADM Adel											
	4 x 400 School Record 3:25.02 2014	Split	Apr 26 Carlisle	Split	Apr 28 DC Grimes	Split	Drake Relays	Split	May 5 Bondurant R.	Split	May 7 Conf Bondurant	Split	May 14 District	Split	State Meet May 19-21										
53.39	Ben Rowray - 10	57.56	Cutler Palar-10				Nathan Ramirez -10	52.61	Max Goodhue - 10	52.99	Ben Rowray - 10	52.22	Joe Crowley -12												
55.62	Adam VanGorp -12	59.30	Nolan Brunsen -9				Kacyn Pickering-10	55.19	Adam VanGorp -12	52.49	Joe Crowley -12	52.61	Ben Rowray - 10												
53.43	Joe Crowley -12	59.70	Luke Sinclair -12				Ethan Reed -9	53.58	Joe Crowley -12	52.21	Max Goodhue-10	51.59	Max Goodhue-10												
55.89	Cole Henderson -10	57.60	Nic Baack -10				Jonathan Flaws -9	53.62	Dallas Wright -12	51.97	Dallas Wright-11	52.71	Dallas Wright-11												
3:38.44	Carlisle 3rd	3:54.16	Carlisle 6th				Carlisle No Entry	3:36.00	Carlisle 3rd	3:29.66	Carlisle 3rd	3:29.13	Carlisle 15th of 24												
														State Finals											
3:32.49	Indianola "A"	3:37.97	Perry				3:38.30	ADM-Adel	3:34.08	Perry	3:27.26	Winterset	3:20.67	Sgt Bluff-Luton											
3:33.18	Winterset	3:38.05	DC-Grimes				3:38.99	Bondurant-Farrar	3:34.30	Winterset	3:27.53	DC-Grimes	3:20.96	Vinton-Shellsburg											
3:38.44	Carlisle	3:42.60	Winterset				3:43.35	Roland-Story	3:36.00	Carlisle	3:29.66	Carlisle	3:22.84	Spirit Lake											