

## ADM Hugh Norman Coed Relays - 4/5/2016

## Results

## Event 2 Boys Shot Put Varsity

Name	School	Finals		
<b>Flight 1</b>				
1 Brimm, Kooper	Clarke	48-10.00	10	
2 Guess, Connor	Van Meter CS	44-00.00	8	
3 Boles, Dylan	Van Meter CS	41-06.50	6	
4 Schettler, Cooper	Carlisle	40-05.00	4	
5 Dobernecker, Chris	Nevada	40-02.00	2	
6 Dolleson, Jared	Dsm North	39-01.00	1	
7 Glawe, Kallen	Carlisle	37-08.00		
8 Warmuth, Mason	Adm Adel	37-07.00		
9 Hill, Andrew	Carlisle	x36-11.00		
10 Pappiani, Johnathan	Dsm North	36-07.00		
11 Crawford, Gabe	Clarke	36-01.00		
12 Croushore, Wyatt	Dc-Grimes	35-10.50		
13 Nation, Jon	Dsm North	x35-05.00		
14 Black, Ethan	Winterset	34-07.00		
15 Wishon, Grant	Clarke	x33-03.00		
16 Shaw, Joe	Adm Adel	32-11.50		
17 Kaldenberg, Jordan	Winterset	32-09.00		
18 Claman, Nick	Dc-Grimes	32-08.50		
19 Merfeld, Luke	Nevada	32-07.00		
20 Carlson, Ryan	Van Meter CS	x31-09.00		
21 Hamner, Toby	Winterset	x29-02.00		
22 MacVey, Jacob	Nevada	x27-08.00		
23 Rono, Isah	Adm Adel	x23-05.00		
--- Huff, Nate	Dc-Grimes		ND	

## Event 4 Boys Discus Throw Varsity

Name	School	Finals		
<b>Flight 1</b>				
1 Brimm, Kooper	Clarke	147-06	10	
2 Guess, Connor	Van Meter CS	122-05	8	
3 Black, Ethan	Winterset	120-09	6	
4 Dobernecker, Chris	Nevada	119-05	4	
5 Hill, Andrew	Carlisle	111-11	2	
6 Glawe, Kallen	Carlisle	109-11	1	
7 Wishon, Grant	Clarke	109-07		
8 Merfeld, Luke	Nevada	109-05		
9 Pappiani, Johnathan	Dsm North	108-11		
10 Croushore, Wyatt	Dc-Grimes	107-04		
11 Lindgren, Nick	Adm Adel	106-02		
12 Warmuth, Mason	Adm Adel	105-11		
13 Claman, Nick	Dc-Grimes	102-00		
14 Golwitzer, Derek	Van Meter CS	100-10		
15 Shaw, Joe	Adm Adel	x97-04		
16 MacVey, Jacob	Nevada	x97-00		
17 Schettler, Cooper	Carlisle	x95-06		
18 Booge, Kaleb	Van Meter CS	x94-00		
19 Hamner, Toby	Winterset	93-10		
20 Hanson, Cameron	Dsm North	90-07		
21 Dolleson, Jared	Dsm North	x88-07		
22 Zaragoza-Rosalas, Samuel	Clarke	x82-00		
23 Brookhart, Daniel	Winterset	x72-07		
--- Huff, Nate	Dc-Grimes		ND	

## Event 6 Boys Long Jump Varsity

Name	School	Finals		
<b>Flight 1</b>				
1 McLaughlin, Reece	Adm Adel	20-06.00	10	
2 Grimes, Evan	Dc-Grimes	20-03.50	8	
3 Wright, Dallas	Carlisle	20-00.25	6	
4 Lowman, Anthony	Van Meter CS	19-04.50	4	
5 Shaw, Kaden	Winterset	19-04.25	2	
6 Goodhue, Max	Carlisle	19-04.00	1	
7 Hanson, Noah	Winterset	18-08.75		
8 Clapper, Bryant	Dc-Grimes	18-08.25		
9 Seskis, Kire	Carlisle	x18-06.50		
10 Cattnach, Preston	Nevada	18-06.25		
11 Phillips, Andrew	Dsm North	18-05.00		
12 Lindgren, Nick	Adm Adel	18-03.75		
13 Knoll, Cole	Adm Adel	x17-08.00		
14 Edwards, Robert	Nevada	16-08.50		
15 Nahimana, Meshack	Dsm North	16-03.00		
16 Rhodes, Carson	Van Meter CS	15-09.00		
17 Kjellsen, Jack	Clarke	15-07.00		
18 Carroll, Josh	Clarke	15-01.00		
--- Allison, Musa	Dsm North		ND	

## Event 8 Boys High Jump Varsity

Name	School	Finals		
<b>Flight 1</b>				
1 West, Jacob	Adm Adel	6-00.00	10	
2 Wilkins, Richard	Clarke	J5-08.00	2	
2 Wright, Ethan	Carlisle	J5-08.00	4	
2 Forrett, Zach	Van Meter CS	J5-08.00	1	
2 Trent, Ben	Van Meter CS	5-08.00	8	
2 Knoll, Cole	Adm Adel	J5-08.00	6	
7 Donovan, Tommy	Carlisle	5-06.00		
8 Kaldenberg, Jordan	Winterset	5-04.00		
8 Howat, Jacob	Carlisle	x5-04.00		
10 Crawford, Gabe	Clarke	5-02.00		
10 Coppinger, Davis	Van Meter CS	x5-02.00		
12 Kent, Timber	Clarke	x5.00		
--- Jimmerson, Alontay	Dsm North		NH	
--- Heitz, Lucas	Adm Adel		NH	

## Event 10 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals		
<b>Section 1</b>				
1 Dc-Grimes	A	8:36.16	10	
1) Ashley, Justin	2) Ashley, Seth			
3) Chumbley, Trey	4) Paulson, Josh			
2 Carlisle	A	9:02.34	8	
1) Baack, Nic	2) Derrickson, Riley			
3) Rowray, Ben	4) Sinclair, Luke			
3 Nevada	A	9:42.35	6	
1) Kline, Connor	2) Sanders, Jacob			
3) Barker, Drew	4) Trygstad, Caden			
4 Winterset	A	9:49.34	4	
1) Thompson, Owen	2) Esser, Luke			
3) Ryerson, Blake	4) Bartz, Tolik			

FAT times

ADM Hugh Norman Coed Relays - 4/5/2016

Results

Section 1 ... (Event 10 Boys 4x800 Meter Relay Varsity)

Team	Relay	Finals
5 Clarke	A	9:58.46 2
1) Fry, Amanuel	2) Fry, Yared	
3) Hardy, Parker	4) Lopez, Aaron	
6 Van Meter Csd	A	10:01.14 1
1) Bass, Sam	2) Hines, Cross	
3) Dodson, Zane	4) Angel, Antonio	
7 Dsm North	A	10:44.49
1) Mubarak, Mubarak	2) Gonzales, John	
3) Johnson, Lessiline	4) Poweh, Emanuel	

Event 12 Boys 3200 Meter Run Varsity

Name	School	Finals
1 Orput, JJ	Carlisle	10:33.25 10
2 Bravard, Jared	Dc-Grimes	10:43.68 8
3 Hornbuckle, Malachi	Nevada	10:47.03 6
4 Trudo, Jack	Van Meter CS	11:07.60 4
5 Belling, Dakota	Dc-Grimes	11:11.56 2
6 MacVey, Connor	Nevada	11:21.66 1
7 Felger, Josh	Carlisle	11:22.53
8 Kent, Timber	Clarke	12:14.73
9 Anderson, Max	Van Meter CS	13:02.40

Event 13 Boys 4x110 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Section 1	<i>Both heats manual = add .24</i>	
1 Nevada	A	1:08.97 2
1) Merfeld, Luke	2) Cattanach, Preston	
3) Strottman, A. J.	4) Hillock, Lane	
2 Winterset	A	1:09.50 1
1) Kleemeier, Jalen	2) Bartz, Tolik	
3) Benshoof, Matt	4) Tryon, Carter	
3 Dsm North	A	1:10.90
1) Avant, Thomas	2) Jimmerson, Alontay	
3) Warren, Brad	4) King, Devin	

Section 2 *1:00.52*

1 Carlisle	A	1:00.28 10
1) Stephens, Peyton	2) Black, Andrew	
3) Goodhue, Max	4) Wright, Dallas	
2 Dc-Grimes	A	1:02.86 8
1) Bertrand, Cal	2) Prohaska, Jacob	
3) Means, Keaton	4) Clapper, Damon	
3 Adm Adel	A	1:04.01 6
1) Weddle, Caleb	2) Flora, Austin	
3) McCartney, Sam	4) West, Jacob	
4 Van Meter Csd	A	1:05.44 4
1) Lowman, Anthony	2) Thompson, Sam	
3) Jones, Owen	4) Costlow, Luke	

Event 16 Boys 100 Meter Dash Varsity

Name	School	Finals
Section 1		
1 Sergeant-Elben, Gunner	Clarke	12.33 2
2 Washington, Aaron	Dc-Grimes	12.34 1
3 Hanson, Noah	Winterset	12.51

*Heat 1 = ~~12.33~~ MANUAL*

4 Brown, Nathan	Dc-Grimes	12.55
5 McCartney, Sam	Adm Adel	12.69
6 Carroll, Josh	Clarke	12.92
7 O'Brien, Brady	Van Meter CS	12.98
8 Gordon, Drew	Van Meter CS	13.65

Section 2 *Heat 2 = FAT*

1 Stephens, Peyton	Carlisle	11.21 10
2 Facey, Elijah	Dsm North	11.53 8
3 Sellberg, Brendan	Nevada	11.89 6
4 Howard, David	Adm Adel	12.26 4
5 McCaughey, Gabe	Carlisle	12.62
6 Berry, Gianni	Dsm North	13.10
7 Fevold, Erik	Nevada	13.20
8 Shaw, Kaden	Winterset	13.40

Event 19 Boys 400 Meter Dash Varsity

Name	School	Finals
Section 1		
1 Sergeant-Elben, Gunner	Clarke	55.17
2 Durlfinger, JJ	Van Meter CS	55.88
3 Smolik, Cameron	Van Meter CS	56.38
4 Hillock, Lane	Nevada	56.78
5 Nishimwe, Robert	Dsm North	57.91
6 Weeks, Nash	Dc-Grimes	58.42
7 Fry, Amanuel	Clarke	58.75

Section 2

1 Nelson, Nick	Winterset	52.30 10
2 VanPelt, Tyler	Winterset	52.62 8
3 Sharp, Peyton	Nevada	53.56 6
4 McLaughlin, Reece	Adm Adel	53.83 4
5 Crowley, Joe	Carlisle	54.37 2
6 Rude, Jackson	Dc-Grimes	54.57 1
7 Van Gorp, Adam	Carlisle	55.08
8 Sutton, Kinnick	Adm Adel	57.57

Event 21 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Section 1		
1 Van Meter Csd	A	1:34.43 10
1) Forrett, Zach	2) Rhodes, Carson	
3) Lowman, Anthony	4) Koch, Jake	
2 Dc-Grimes	A	1:34.71 8
1) Madsen, Sean	2) Washington, Trey	
3) Means, Keaton	4) Kloewer, Austin	
3 Carlisle	A	1:36.57 6
1) Tukes, Brandon	2) Mortimer, Nathin	
3) Seskis, Kire	4) Henderson, Cole	
4 Adm Adel	A	1:36.77 4
1) Howard, David	2) Volz, Trey	
3) Perry, Brady	4) McCartney, Sam	
5 Winterset	A	1:39.64 2
1) Kaldenberg, Jordan	2) Henry, Justin	
3) Dick, Jacob	4) Dillinger, Chris	
6 Dsm North	A	1:39.66 1
1) Berry, Gianni	2) Avant, Thomas	
3) Warren, Brad	4) Phillips, Andrew	

*FAT*

ADM Hugh Norman Coed Relays - 4/5/2016

Results

Section 1 ... (Event 21 Boys 4x200 Meter Relay Varsity)

Team	Relay	Finals
7 Nevada	A	1:39.88
1) Memmer, Leighton	2) Mitchell, Ross	
3) Nelson, Joven	4) Edwards, Robert	
8 Clarke	A	1:45.69
1) Carroll, Josh	2) McVey, Nicolas	
3) Zaragoza-Rosalas, Samuel	4) Hardy, Parker	

Event 23 Boys 110 Meter Hurdles Varsity

Name	School	Finals
<b>Section 1</b>		
1 Thompson, Sam	Van Meter CS	16.87 2
2 Heitz, Lucas	Adm Adel	18.32
3 Avant, Thomas	Dsm North	18.46
4 Strottman, A. J.	Nevada	19.06
5 Merfeld, Luke	Nevada	19.32

Section 2

1 Benschhof, Brad	Winterset	15.09 10
2 Wright, Dallas	Carlisle	15.47 8
3 Black, Andrew	Carlisle	16.14 6
4 Clapper, Damon	Dc-Grimes	16.49 4
5 Weddle, Caleb	Adm Adel	16.93 1
6 Prohaska, Jacob	Dc-Grimes	17.26
7 Warren, Brad	Dsm North	18.20
--- Costlow, Luke	Van Meter CS	NT

Event 24 Boys 1600 Meter Run Varsity

Name	School	Finals
<b>Section 1</b>		
1 Wilkins, Richard	Clarke	4:45.95 10
2 Waymire, Jacob	Dc-Grimes	4:47.02 8
3 Dick, Andrew	Winterset	4:55.28 6
4 Koster, Derek	Winterset	4:58.80 4
5 Bravard, Jared	Dc-Grimes	5:01.26 2
6 Sinclair, Luke	Carlisle	5:06.55 1
7 Logue, Carter	Carlisle	5:07.62
8 Mubarak, Mubarak	Dsm North	5:11.67
9 Trudo, Jack	Van Meter CS	5:12.08
10 Trygstad, Caden	Nevada	5:13.16
11 MacVey, Connor	Nevada	5:22.09
12 Hlas, Philip	Adm Adel	5:31.61
13 Bass, Sam	Van Meter CS	5:44.20
14 Mendoza, Jesus	Clarke	5:51.85
--- McGee, Sean	Adm Adel	NT

Event 27 Boys 200 Meter Dash Varsity

Name	School	Finals
<b>Section 1</b>		
1 Volz, Trey	Adm Adel	24.10 6
2 Potthoff, Alec	Van Meter CS	24.55 1
3 Sergeant-Elben, Gunner	Clarke	25.02
4 Dick, Jacob	Winterset	25.86
5 Benschhof, Matt	Winterset	26.37
6 Crawford, Gabe	Clarke	26.70
7 Memmer, Leighton	Nevada	27.25
8 Huynh, Steven	Dsm North	27.95

Section 2

1 Sellberg, Brendan	Nevada	23.49 10
2 Stephens, Peyton	Carlisle	23.51 8
3 Facey, Elijah	Dsm North	24.28 4
4 Jacobson, Anthony	Dc-Grimes	24.32 2
5 Howard, David	Adm Adel	24.73
6 Coppinger, Carter	Van Meter CS	25.44

Event 29 Boys 400 Meter Hurdles Varsity

Name	School	Finals
<b>Section 1</b>		
1 King, Devin	Dsm North	1:00.93 1
2 Strottman, Jakob	Nevada	1:03.59
3 Thompson, Sam	Van Meter CS	1:04.57
4 Fry, Amanuel	Clarke	1:06.91
5 Hale, Noah	Van Meter CS	1:08.43
6 Fry, Yared	Clarke	1:13.54
7 Weddle, Caleb	Adm Adel	1:16.53
--- Jimmerson, Alontay	Dsm North	NT

Section 2

1 Benschhof, Brad	Winterset	56.76 10
2 Wright, Dallas	Carlisle	57.27 8
3 Bertrand, Cal	Dc-Grimes	58.28 6
4 Skalnik, Garrett	Dc-Grimes	58.82 4
5 Tryon, Carter	Winterset	1:00.66 2
6 Goodhue, Max	Carlisle	1:01.17
7 Sutton, Kinnick	Adm Adel	1:02.51
8 Sharp, Peyton	Nevada	1:04.83

Event 30 Boys Distance Medley Varsity

Team	Relay	Finals
<b>Section 1</b>		
1 Winterset	A	3:48.65 10
1) Kaldenberg, Jordan	2) Shaw, Kaden	
3) Nelson, Nick	4) VanPelt, Tyler	
2 Dc-Grimes	A	3:50.55 8
1) Clapper, Bryant	2) Brown, Nathan	
3) Ashley, Seth	4) Rude, Jackson	
3 Nevada	A	3:56.68 6
1) Sellberg, Brendan	2) Hillock, Lane	
3) Nelson, Joven	4) Hornbuckle, Malachi	
4 Carlisle	A	4:00.59 4
1) Tukes, Brandon	2) Mortimer, Nathin	
3) Pickering, Kacyn	4) Palar, Cutler	
5 Adm Adel	A	4:16.92 2
1) Duroe, Brett	2) Christensen, Nick	
3) Randol, Travis	4) Hlas, Philip	
6 Van Meter Csd	A	4:17.49 1
1) Smolik, Cameron	2) O'Brien, Brady	
3) Durlfinger, JJ	4) Angel, Antonio	
7 Dsm North	A	4:18.78
1) Nahimana, Meshack	2) Allison, Musa	
3) Kye, Handson	4) Mubarak, Mubarak	
8 Clarke	A	4:38.07
1) Arellano, Humberto	2) Barnard, Andrew	
3) Rivera, Byron	4) Kjellsen, Jack	

MANUAL add .24

Manual add .24

ADM Hugh Norman Coed Relays - 4/5/2016

Results

Event 33 Boys 800 Meter Run Varsity

Name	School	Finals
<b>Section 1</b>		
1 Ashley, Justin	Dc-Grimes	2:06.73 10
2 Orput, JJ	Carlisle	2:08.74 8
3 Baack, Nic	Carlisle	2:11.02 6
4 Dick, Andrew	Winterset	2:12.67 4
5 Koster, Derek	Winterset	2:15.47 2
6 Borneman, Steve	Dc-Grimes	2:16.48 1
7 Wilkins, Richard	Clarke	2:24.32
8 Kline, Connor	Nevada	2:25.29
9 Kent, Timber	Clarke	2:29.35
10 Sanders, Jacob	Nevada	2:30.55
11 Coppinger, Davis	Van Meter CS	2:34.52
12 Johnson, Lessiline	Dsm North	2:35.79
13 Dodson, Zane	Van Meter CS	2:39.22
--- Poweh, Emanuel	Dsm North	NT

*Manual add .24*

Event 35 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
<b>Section 1</b>		
1 Carlisle	A	44.61 10
1) McCaughey, Gabe	2) Robertson, Brian	
3) Seskis, Kire	4) Stephens, Peyton	
2 Dc-Grimes	A	44.95 8
1) Madsen, Sean	2) Kloewer, Austin	
3) Washington, Trey	4) Grimes, Evan	
3 Nevada	A	45.32 6
1) Sellberg, Brendan	2) Hillock, Lane	
3) Fevold, Erik	4) Sharp, Peyton	
4 Van Meter Csd	A	45.69 4
1) Costlow, Luke	2) Rhodes, Carson	
3) Lowman, Anthony	4) Koch, Jake	
5 Dsm North	A	46.03 2
1) Phillips, Andrew	2) Facey, Elijah	
3) Warren, Brad	4) Berry, Gianni	
6 Adm Adel	A	46.42 1
1) McCartney, Sam	2) Flora, Austin	
3) Lindgren, Nick	4) West, Jacob	
7 Winterset	A	48.03
1) Henry, Justin	2) Kleemeier, Jalen	
3) Shortt, Eric	4) Hanson, Noah	
8 Clarke	A	50.83
1) Crees, Samuel	2) Barnard, Andrew	
3) Zaragoza-Rosalas, Samuel	4) McVey, Nicolas	

*MANUAL add .24*

Event 37 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
<b>Section 1</b>		
1 Winterset	A	3:35.72 10
1) Benshoof, Brad	2) VanPelt, Tyler	
3) Dillinger, Chris	4) Nelson, Nick	
2 Dc-Grimes	A	3:36.62 8
1) Rude, Jackson	2) Jacobson, Anthony	
3) Chumbley, Trey	4) Ashley, Seth	

*MANUAL add .24*

3 Adm Adel	A	3:41.34 6
1) Perry, Brady	2) Volz, Trey	
3) Howard, David	4) McLaughlin, Reece	
4 Carlisle	A	3:42.18 4
1) Rowray, Ben	2) Van Gorp, Adam	
3) Brunsen, Nolan	4) Henderson, Cole	
5 Van Meter Csd	A	3:45.13 2
1) Forrett, Zach	2) Coppinger, Carter	
3) Potthoff, Alec	4) Koch, Jake	
6 Dsm North	A	3:52.49 1
1) Facey, Elijah	2) Nishimwe, Robert	
3) Mubarak, Mubarak	4) King, Devin	
7 Nevada	A	3:57.09
1) Strottman, Jakob	2) Strottman, A. J.	
3) Mitchell, Ross	4) Cattanach, Preston	
8 Clarke	A	4:19.73
1) Rivera, Byron	2) Lopez, Aaron	
3) Fry, Yared	4) Arellano, Humberto	

Men - Varsity - Team Rankings - 18 Events Scored

1) Carlisle	127
2) DC-Grimes	107
3) Winterset	91
4) Van Meter CSD	64
5) ADM Adel	60
6) Nevada	55
7) Clarke	36
8) DSM North	18

**ADM Hugh Norman Coed Relays - 4/5/2016****Team Rankings - Through Event 37****Male Team Scores**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Carlisle	CARL	127
2	Dc-Grimes	DCG	107
3	Winterset	WINT	91
4	Van Meter Csd	VM	64
5	Adm Adel	ADM	60
6	Nevada	NEV	55
7	Clarke	CLAR	36
8	Dsm North	DMN	18
		<b>Total</b>	<b>558.00</b>